

Organised by the Leisure and Cultural Services Department (LCSD)
Co-organised by the Hong Kong China Rugby (HKCR)
School Sports Programme
Let's Move@Preschool (幼動樂) — Rugby
Prospectus

Key Information	Type of Activity	Sport Demonstration
Target Participants		Kindergarten students (K2-K3)
Outline	Non-contact Rugby is the basic training specified by the Hong Kong China Rugby (HKCR) for promoting the sport in school. Non-contact Rugby is similar to the English traditional game of rugby (i.e. contact rugby). This activity will feature an introduction to the basic rules and gameplay of non-contact rugby by coaches from the HKCR. Through a fun and engaging approach, students will learn techniques such as passing, catching, dribbling and defense, complemented by demonstrations to help them master rugby skills more easily. Students can practice through diverse games like competitions and field activities, thereby enhancing their interest in the sport while improving their physical coordination and reaction. In addition, group activities with an emphasis on the importance of friendly competitions will also be included, with a view to promoting the spirit of teamwork. Such activities consist of simple passing relays, where students are required to form teams and work together to complete challenges. These will not only increase their individual sporting skills but also enhance friendships and cooperation.	
Venue		Outdoor basketball court, covered playground or indoor assembly hall in school
Fee		Free
Equipment to be provided by the school		N.A.
Other Sports Equipment (To be provided by the HKCR)		Rugby and auxiliary equipment for group activities

Duration	2 hours (to be conducted in 2 sessions of 1 hour each) The duration of each session may be adjusted in light of the actual circumstances. (The school must assign students from different classes to participate in one of the sub-sessions.)
Estimated No. of Participants per Session/Course	40 (Two sessions per course, 20 participants per session)
Proposed Time of Activity	Monday to Saturday: 9:00 am to 6:00 pm
How to Enrol	Please send the completed electronic application form to the LCSD by email (applicationssp@lcsd.gov.hk) before the specified date.
Inclement Weather Arrangements	In the event of any of the following circumstances, the activity on that day will be cancelled. Participating schools will be notified of the alternative arrangements in due course. ● The Tropical Cyclone Warning Signal No. 3 or above, or Rainstorm Signal Red/ Black has been issued by the Hong Kong Observatory within two hours before the scheduled start of the activity; or ● The Environmental Protection Department has announced that the Air Quality Health Index (AQHI) recorded at its general monitoring stations reaches 10+ ("Serious" health risk category) in the district concerned; or ● The Education Bureau has announced class suspension.
Points to Note	1. Schools must assign either a person-in-charge aged 18 or above or a teacher to oversee the activity. 2. Participants should wear proper sportswear and sports shoes for the activity. 3. If the activity is cancelled by schools on its very day, there will be no rescheduling or make-up sessions. 4. Upon receiving the confirmation letter, the school should contact the instructors in advance to discuss the equipment and venue arrangement.
Enquiry No./Website	2601 7602 / http://www.lcsd.gov.hk/en/ssp/index.html