Organised by the Handball Association of Hong Kong, China
Subvented by the Leisure and Cultural Services Department
Co-organised by the Education Bureau

# School Sports Programme
# National Security Education For All Cup
# Easy Sport Competition － Handball Competition 2026

## 【Prospectus】

1. Objective:

To offer former participants of the Easy Sport Programme － Handball under the School Sports Programme (SSP) an opportunity for exchanges to develop their interests in Handball and enhance their skills and gain experience in competitions.

2. Eligibility:

Priority will be accorded to primary schools which participated in the Easy Sport Programme － Handball between 1 September 2024 and 31 December 2025. Other applicants will be accorded a lower priority.

3. Competition Date, Time and Venue:

| | Date | Time | Venue |
|---|---|---|---|
| Preliminary Round | 12/4/2026 (Sun) | 9:00am – 6:00pm | Yuen Wo Road Sports Centre |
| | 19/4/2026 (Sun) | | |
| Final Round | 26/4/2026 (Sun) | | |
| Fallback | 3/5/2026 (Sun) | | |

4. Division, Age and Quota:

| Division | Age as at 2026 (Year of Birth) | Quota |
|---|---|---|
| Boys | 13 or below (2013 or onwards) | 12 teams |
| Girls | 13 or below (2013 or onwards) | 12 teams |

5. Notes on application:

a. 5-10 persons per team.

b. For efficient use of the resources, the Organiser may adjust the quota for each division in the light of application response. The quota of each division will be finalised on the ballot date. Participating schools/participants shall raise no objection.

c. Priority will be accorded to schools which participated in the Easy Sport Programme － Handball between 1 September 2024 and 31 December 2025. If the number of applying schools exceeds the quota, the places will be allocated by ballot. Each school may enrol a maximum of 2 teams in each division. Please indicate their priority on the application form (i.e. “Team 1” and “Team 2”). If there are remaining places after the first round of ballot, teams with lower priority may be considered. Any places still remaining will be allocated by ballot to schools which have never participated in the Easy Sport Programme － Handball.

d. Each student may only be in one team and should be a current student of the school represented by the team during the Competition. Participants may only

enrol in the division appropriate to their age.

e. Please submit completed application forms by post, email (email address: applicationssp@lcsd.gov.hk) or by fax (fax number: 2684 9076 or 2697 5087) to this Office.

f. A list of successful applicants and payment details will be sent to the schools concerned by post.

g. The list of participants is not subject to change after payment has been completed.

h. If any unregistered team members are found participating, the Organiser reserves the right to disqualify the team from the competition.

6. Fee: $350 per team

7. Application submission period: 6/1/2026 to 26/1/2026
(The postmark, email and fax date will be deemed the date of submission).

8. Enrolment ballot: The ballot will be held at Leisure and Cultural Services Headquarters (Room G02) at 2:30p.m. on 2/2/2026. Representatives of schools are welcome to attend. Schools allocated with places will be informed by post, while unsuccessful ones will not be notified. The ballot result will be posted on the following website on 11/2/2026:

http://www.lcsd.gov.hk/en/ssp/competition_info/competition_info.html

If an Acknowledgement Receipt is not received within two working days before the ballot date (i.e. 29/1/2026), please contact our staff on 2601 7952 or 2601 7602 to check if we have received your application. Otherwise, we may not be able to process your application.

9. Payment period for successful applicants: 26/2/2026 to 11/3/2026

10. Payment period for successful waiting list applicants: 16/3/2026 to 20/3/2026

11. Transportation: The school is responsible for arranging transportation to and from the competition venue, and no parking arrangements will be provided by the Organiser.

12. Match Draw: The match draw will be held at Leisure and Cultural Services Headquarters (Room G02) at 2:30p.m. on 24/3/2026. Visitors are welcome. Letters will be sent to participating schools informing them of the results of the draw and reporting time. The relevant information will also be posted on the LCSD's web page on 27/3/2026:

http://www.lcsd.gov.hk/en/ssp/competition_info/competition_info.html

13. Format of the Competition:

a. A single round-robin system on group basis will be adopted in the preliminary rounds. First and Second place will qualify for the final round. The final round will adopt a single-elimination format.

b. There will be 5 players from each team. A team will be regarded as withdrawing from a match if there are fewer than 5 players.

c. Each match is split into two halves, lasting 10 minutes each, with a 3-minute interval.

d. In each match, the suspension time will be changed from 2 minutes to 1 minute.

e. In the preliminary round, the winner of each match will gain 2 points, the loser no point, while tying teams will gain 1 point each. Rankings will then be determined by the total scores. If the total scores of two teams are the same, a higher ranking will be accorded to the winning team in their match. If that match has ended in a draw, the rankings will be determined by the goal differences of all their matches against other teams. If the goal differences are still the same, rankings will be determined by the total number of goals scored.

f. In the final, if a match is tied at the end of normal time, each team should immediately send 3 players to take the "6-metre shoot-out" until a goal is scored.

g. Unless otherwise stipulated in this prospectus, the existing rules employed by the Handball Association of Hong Kong, China will be adopted.

h. The following rules of Rule 4:11, Paragraph 1 should not be implemented in this competition. - After receiving medical care on the court, the player must leave the playing court. - He can only re-enter it when the third attack of his team is completed.

i. The Organiser has the right to change the format as necessary.

14. Reporting on Arrival:

a. Participants shall report to the staff of the Organiser 15 minutes before the scheduled time of the match. Those who fail to show up within five minutes after the staff of the Organiser's roll call will be deemed to have waived their right to participate.

b. Participants shall produce unambiguous proof of identity bearing photos, e.g. student handbooks, student cards, etc. to the staff of the Organiser on the competition day for verification.

c. The competition schedule shall be as announced on-site.

15. Inclement Weather Arrangements:

a. In case the Tropical Cyclone Warning Signal No. 8 or above, or Rainstorm Signal Red / Black is issued by the Hong Kong Observatory two hours before the reporting time for the first round of events on the competition day; or the Environmental Protection Department has announced that the Air Quality Health Index (AQHI) recorded at its general monitoring stations reaches 10+ ("Serious" health risk category) in the competition area; or the Education Bureau has announced the closure of schools, all events on the day will be cancelled. Participants will be notified of the corresponding arrangements. Under other weather conditions, all participants are required to report to the Organiser as scheduled. The referees on the site shall decide whether the Competition should proceed or not.

b. If the AQHI recorded at the general monitoring stations in the competition area reaches 10+ ("Serious" health risk category) during the Competition, all events in progress shall be **terminated immediately**.

16. Remarks:

a. Team members shall wear proper sportswear and shoes with non-marking rubber

outsoles during the Competition.

b. Participating teams which play in consecutive matches may take a break of 5 to 10 minutes between each match. The Organiser reserves the right to make arrangements according to actual circumstances. Participating teams shall not request postponement of matches on the grounds of fatigue.

c. Schools should remind their students to bring along their lunch and sufficient drinks.

d. Any team leaving the playing area during a match shall be deemed to have forfeited the match. The opposing team shall be declared the winner by the Organiser.

e. In case of a breach of the rules or regulations of the Competition or unsporting behaviour by a team leader or team member, the referee shall have the right to disqualify the team from the Competition.

f. All teams shall prepare two sets of sportswear in different colours (one in dark colour and the other in light colour).

g. Throughout the entire tournament, players are strictly prohibited from using any form of hand adhesive (resin). If any player is found using adhesive by the referee or tournament officials, the team will be disqualified from that match. The result of the match will be recorded as a 0–12 loss.

h. The Organiser will carry out photo shoots/video-filming/arrange broadcasting during the programmes, and has the right to display/publish the programme photos or videos on the Internet, at venues of the Leisure and Cultural Services Department, on the dedicated website, in publications of the Organiser and through other publicity channels, for promotion of activities or record purposes.

17. Awards:

a. Each team member will receive a commemorative certificate.

b. Trophies will be awarded to the champion, first, second and third runners-up and four merit award winners in each division. (The actual number of awards is subject to the number of participants.) Medals and certificates will also be awarded to members of the winning teams. The prizes will be presented to the winners on the spot after the finals are completed.

| Number of participating teams | Awards | Remarks |
|---|---|---|
| Under 6 | Champion, first runner-up and second runner-up | - |
| 7-11 | Champion, first runner-up, second runner-up and third runner-up | - |

| | | |
|---|---|---|
| More than 11 | Champion, first runner-up, second runner-up and third runner-up | 5-8 additional merit awards |

c. For participating teams which fail to show up for or complete any event, the Organiser has the right to revoke their eligibility for prizes and no trophies, medals or certificates will be given to them.

18. Other Reward:

a. This competition is a scoring event of the **School Sports Programme Award Scheme (Pilot Scheme) – LCSD Cup.**

b. A total of 16 awards will be presented. Trophies will be awarded at the 2026 School Sports Programme Prize Presentation Ceremony cum Carnival to honour schools with the most outstanding performance between 1 January 2026 and 10 June 2026. The awards include:

**LCSD Cup–Primary School Boys' Division: Champion, 1st Runner-up, 2nd Runner-up and 3rd Runner-up**

**LCSD Cup–Primary School Girls' Division: Champion, 1st Runner-up, 2nd Runner-up and 3rd Runner-up**

**LCSD Cup–Secondary School Boys' Division: Champion, 1st Runner-up, 2nd Runner-up and 3rd Runner-up**

**LCSD Cup–Secondary School Girls' Division: Champion, 1st Runner-up, 2nd Runner-up and 3rd Runner-up**

c. For details, please refer to the webpage of LCSD School Sports Programme at https://www.lcsd.gov.hk/tc/ssp/index.html

19. Appeal: No appeal will be accepted. The referees' decision on the competition results shall be final.

20. Enquiries: School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3, Pai Tau Street, Sha Tin, N.T.

(Telephone number: 2601 7952 / 2601 7602)

*In case of any inadequacy in this Prospectus, the Organiser reserves the right to amend it at any time without further notice.*