

**Organised by the Hong Kong China Dragon Boat Association (HKCDBA)**  
**Subvented by the Leisure and Cultural Services Department (LCSD)**  
**Co-organised by the Education Bureau**  
**School Sports Programme**

**2025/26 Joint Schools Sports Training Programme -  
Advanced Dragon Boat Training Certificate**

**Prospectus**

- Purpose:** Provide continuous and systematic training for students with potential and aspiration to develop in dragon boat by enhancing their paddling skills.
- Eligibility:**
1. Participates must hold the "Intermediate Dragon Boat Training Certificate" issued by the Hong Kong China Dragon Boat Association (HKCDBA); and
  2. Participants should be able to swim 50 metres with clothes on.
- Target Participants:** Secondary school students aged 12 or above
- Quota:** 20
- Enrolment Deadline:** **22 August 2025 (Friday)**  
(The postmark date will be deemed the date of submission)

**Training Schedule:**

| <b>Training Venue</b>           | <b>Date</b>                        | <b>Time</b>  | <b>Fee</b> |
|---------------------------------|------------------------------------|--------------|------------|
| HKCDBA Shek Mun Training Centre | 6 and 13 September 2025 (Saturday) | 9 am to 5 pm | HK\$150    |

- Instructor:** Programme will be taught by registered instructors of the Hong Kong China Dragon Boat Association, with Level 2 or above.
- Enrolment Form:** Participants can obtain the form from schools or download it from the following website:  
LCSD's website:  
[https://www.lcsd.gov.hk/en/ssp/download\\_info/download.html#18](https://www.lcsd.gov.hk/en/ssp/download_info/download.html#18)  
HKCDBA's website:  
<https://hkcdba.org/>

- Notes of Enrolment:
1. Applicants for Joint School Training Programme must apply as an individual and have the enrolment form stamped by the school.
  2. Mail the completed enrolment form together with recommendation from the school (in the lower part of the enrolment form) and a cheque (HK\$150) of the relevant amount (made payable to “Hong Kong China Dragon Boat Association”), to the HKCDBA Secretariat, Unit 9, 15/F, Laurels Industrial Centre, 32 Tai Yau Street, San Po Kong, Kowloon. before the commencement of the activity. Please mark on the envelope “2025/26 Joint Schools Sports Training Programme - Advanced Dragon Boat Training Certificate Course”.
  3. The name of the applicant and programme must be stated at the back of the cheque.
  4. The organiser reserves the right to cancel the course in case of insufficient enrolment.
  5. Quotas will be allocated on a first-come, first-served basis.

Inclement Weather Arrangement: The programme will be cancelled in the event of school suspension announced by the Education Bureau or the following severe weather conditions:

- The Hong Kong Observatory issues the Strong Monsoon Warning Signal, Tropical Cyclone Warning Signal No. 1 or above, or Amber Rainstorm Warning Signal or above two hours before the activity; or
- If the Environmental Protection Department announces that the Air Quality Health Index recorded by general stations reaches the “serious” level (i.e. 10+), outdoor activities in the affected areas must be stopped immediately; or
- If the Education Bureau announces class suspensions or in the event of other emergencies, the activity on that day will be canceled, and further arrangements will be notified separately.

- Remarks:
- Participants may purchase training course certificates or Logbooks from the Association. The fee for the Advanced Dragon Boat Training Course certificate is HK\$50, and the fee for the Logbook for dragon boat training courses is HK\$50.
  - The organizers reserve the right of all final decisions

Enquiry Phone No.: 3618 7510 (HKCDBA)  
2601 7620 (School Sports Programme Unit, LCSD)

**Organised by the Hong Kong China Dragon Boat Association (HKCDBA)**  
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**School Sports Programme**

**2025 Joint Schools Sports Training Programme -  
Level 1 Dragon Boat Helm Training Certificate**

**Prospectus**

**Purpose:** To train participants to become qualified helmsmen so that they can participate in various competitions.

**Eligibility:**

1. Valid member of the Hong Kong China Dragon Boat Association (HKCDBA); and
2. Participates must hold the "Intermediate Dragon Boat Training Certificate" issued by the Hong Kong China Dragon Boat Association; and
3. Participants must pass the swimming test conducted by the association (able to swim 100 meters with clothes on, tread water for 2 minutes, and self-board a boat in deep water) and received a qualified certificate, or present a copy of the swimming test qualification certificate issued by the Hong Kong China Dragon Boat Association / a signed record book from the examiner as proof.
4. Participants who hold a swimming instructor certificate issued by the Hong Kong China Swimming Association or Hong Kong Swimming Teachers' Association, or a bronze medallion certificate or above issued by the Hong Kong China Life Saving Society, may be exempted from participating in the association's swimming test. Participants need to attach a copy of their certificate as proof for application.

**Target Participants:** Secondary school students aged 15 or above

**Quota:** 11

**Enrolment Deadline:** **22 July 2025 (Tuesday)**  
(The postmark date will be deemed the date of submission)

**Swimming Test Arrangement:**

| Training Venue                       | Date                    | Time     | Fee   |
|--------------------------------------|-------------------------|----------|---|
| Sha Tin Jockey Club<br>Swimming Pool | 24 July 2025 (Thursday) | 8 - 9 pm | HK\$110<br>*(this fee <b><u>does not</u></b><br><b><u>include</u></b> swimming<br>pool entry fee) |

\*Each participant must pay a swimming test fee of **HK\$110** on the day of the swimming test (this fee **does not include** swimming pool entry fee). If the participant has previously taken this test and achieved a passing score, they do not need to be re-assessed.

**Training Schedule:**

| Training Venue                     | Date                              | Time         | Fee     |
|------------------------------------|-----------------------------------|--------------|---------|
| HKCDBA Shek Mun<br>Training Centre | 2 and 9 August 2025<br>(Saturday) | 9 am to 5 pm | HK\$450 |

**Technical Test Schedule:**

| Training Venue                     | Date                         | Time     |
|------------------------------------|------------------------------|----------|
| HKCDBA Shek Mun<br>Training Centre | 16 August 2025<br>(Saturday) | 2 - 5 pm |

1. Participants must take a written test and a technical test. Participants should arrange one paddler to assist with the examination, and the paddler must arrive before the technical test (2:30 PM).
2. Participants must have an attendance rate of 75% or above in the course to qualify for the examination.

Instructor: Programme will be taught by registered instructors of the Hong Kong China Dragon Boat Association, with Level 2 or above.

Enrolment Form: Participants can obtain the form from schools or download it from the following website:

LCSD's website:

[https://www.lcsd.gov.hk/en/ssp/download\\_info/download.html#18](https://www.lcsd.gov.hk/en/ssp/download_info/download.html#18)

HKCDBA's website:

<https://hkcdba.org/>

Notes of  
Enrolment:

- Applicants for Joint School Training Programme must apply as an individual and have the enrolment form stamped by the school.
- Mail the completed enrolment form together with recommendation from the school (in the lower part of the enrolment form) and a cheque (HK\$450) of the relevant amount (made payable to "Hong Kong China Dragon Boat Association"), to the office Unit 9, 15/F, Laurels Industrial Centre, 32 Tai Yau Street, San Po Kong, Kowloon before the commencement of the activity. Please mark on the envelope "2025 Joint Schools Sports Training Programme - Level 1 Dragon Boat Helm Training Certificate Course".
- The name of the applicant, programme and contact number must be stated at the back of the cheque.
- The organiser reserves the right to cancel the course in case of insufficient enrolment.
- Quotas will be allocated on a first-come, first-served basis.

Inclement  
Weather  
Arrangement:

The programme will be cancelled in the event of school suspension announced by the Education Bureau or the following severe weather conditions:

- The Hong Kong Observatory issues the Strong Monsoon Warning Signal, Tropical Cyclone Warning Signal No. 1 or above, or Amber Rainstorm Warning Signal or above two hours before the activity; or
- If the Environmental Protection Department announces that the Air Quality Health Index recorded by general stations reaches the "serious" level (i.e. 10+), outdoor activities in the affected areas must be stopped immediately; or
- If the Education Bureau announces class suspensions or in the event of other emergencies, the activity on that day will be canceled, and further arrangements will be notified separately.

Remarks:

- Participants may purchase training course certificates or Logbooks from the association. The fee for the Level 1 Dragon Boat Helm Training Certificate is HK\$100, and the fee for the Logbook for dragon boat training courses is HK\$50.
- The organizers reserve the right of all final decisions

Enquiry Phone  
No.:

3618 7510 (HKCDBA)  
2601 7620 (School Sports Programme Unit, LCSD)

**School Sports Programme**  
**2025 Joint Schools Dragon Boat Training Programme**  
**Advanced Dragon Boat Training Certificate /**  
**Level 1 Dragon Boat Helm Training Certificate**  
**Enrolment Form**

|  |   |
|--|---|
| <b>I wish to participate in the following course:</b>  |   |
| <input type="checkbox"/> Level 1 Dragon Boat Helm Training Certificate (2, 9 and 16 August 2025)<br>(Must be at least 15 years old and hold an Intermediate Dragon Boat Training Certificate or above.)<br>HK\$450 Cheque number : _____   | <input type="checkbox"/> Advanced Dragon Boat Training Certificate (6 and 13 September 2025)<br>HK\$150 Cheque number : _____ |
| <input type="checkbox"/> Swimming Test (24 July 2025)<br>HK\$110 Cheque number : _____   |   |
| <b>Particulars of Applicant:</b><br>Name (English) : _____ Gender: Male / Female<br>Date of Birth : _____ Contact Number/Mobile : _____<br>(In case of emergency, please contact (name) _____ (Phone Number) : _____ )   |   |
| <b>School Recommendation:</b><br>Name of School: _____<br>Name of Teacher-in-charge: _____<br>Contact No. of Teacher-in-charge: _____ School Chop: _____<br>(The school is aware that parental consent has been sought for the student's participation in the programme.)  |   |
| <b>Parental Consent:</b> (To be completed by the parent or guardian)<br><br>Signature of Parent/Guardian: _____ Name of Parent/Guardian: _____<br><br>Contact No. of Parent/Guardian: _____ Date: _____  |   |
| <b>Personal Declaration:</b><br>I hereby declare that all the information given above is true and correct and that I agree to enrol _____<br>(name of applicant) in the captioned programme. I am <b>able to swim 50 metres with clothes on</b> ; and do not suffer from any illness that is unfit for the captioned programme.  |   |
| <b>Points to note:</b><br>1. Students recommended by their school and certified to have met the skill requirements may send the application form together with a cheque for the payment of enrolment fee (made payable to the "Hong Kong China Dragon Boat Association", with the participant's name written on the back) to the office of the Hong Kong China Dragon Boat Association, Unit 9, 15/F, Laurels Industrial Centre, 32 Tai Yau Street, San Po Kong, Kowloon by post. Please mark on the envelope <b>"2025 Joint Schools Training Programme - Advanced Dragon Boat Training Certificate Course / Level 1 Dragon Boat Helm Training Certificate Course"</b> . If the application is not accepted, the cheque submitted will be returned to the applicant.<br>2. The staff of the HKCDBA will inform participants of the training arrangements.<br>3. The information provided by the applicant will only be used by the Organiser and the Leisure and Cultural Services Department (LCSD) for the purposes of enrolment in recreation and sports programmes, future contact, compilation of statistics and opinion survey. Only those authorised by the Organiser and the LCSD can have access to such personal data. For correction of or enquiries about the personal data you have submitted in application forms, please contact the staff of the LCSD on 2601 7620.<br>4. The Organiser of LCSD will carry out photo shoots/video-filming/arrange broadcasting during the programmes, and has the right to display/publish the programme photos or videos on the Internet, at venues of the Leisure and Cultural Services Department, on the dedicated website, in publications of the Organiser and through other publicity channels, for promotion of activities or record purposes. | Please<br>staple<br>the<br>cheque<br>here.  |