

Arrangements for the activities under SSP under Inclement Weather Conditions

All activities will be immediately cancelled upon the Education Bureau's announcement on closure of schools. Unless otherwise stated, the following arrangements will apply if any of the following warning signals is issued by the Hong Kong Observatory **two hours before the commencement of the activity**:

	Warning Signal	Arrangements (「✓」 denotes the activity to be held as scheduled under safety conditions; 「✗」 denotes cancellation of the activity)				
		Land Sports			Water Sports	
		Indoor Activity	Outdoor Activity	Outdoor Pursuit Activity	Non Swimming Pool	Swimming Pool
		All indoor training, demonstration and guided tour	All outdoor training and demonstration including archery (inside school premise), athletics, badminton, baseball, basketball, cricket, cycling, BMX, football, handball, hockey, korfbal, lawn bowls, sport climbing, netball, rugby, softball, tennis, volleyball, etc	Including archery (at archery range), orienteering and triathlon	Including canoeing, dragon boat, rowing, sailing and windsurfing	Including Life Saving
1	Strong Monsoon Signal	✓	✓	✓	✗	✓
2	Thunderstorm Warning	✓	✓ (Subject to the weather conditions, participants and coaches still need to be present at the venue)	✗	✗ (the activity may be held as scheduled if conducted indoors) ⁶	✓ (Subject to the weather conditions, participants and coaches still need to be present at the venue)
3	Amber Rainstorm Signal	✓	✗ (the activity may be held as scheduled if conducted indoors)	✗	✗	✗ (the activity may be held as scheduled if conducted indoors)
4	Tropical Cyclone Warning Signal No. 1	✓	✓	✗	✗	✓
5	Tropical Cyclone Warning Signal No. 3	✓	✗ (the activity may be held as scheduled if conducted indoors)	✗	✗	✗ (the activity may be held as scheduled if conducted indoors)
6	Tropical Cyclone Warning Signal No. 8 or above or Red/Black Rainstorm Signal	✗	✗	✗	✗	✗

Note:

- The teacher-in-charge should note that for the safety of participants, the organiser may cancel the activity or change the place for holding the activity subject to the weather conditions.
- Please stay alert and watch out for broadcasts and the weather change.
- The teacher-in-charge may consider exchanging telephone numbers with the coach in advance so that they can keep contact at any time in case of emergency.
- In case the above signal is cancelled two hours before an activity commences, above activities will be held as scheduled. But it should consider the actual weather and traffic condition in deciding whether or not to conduct the activity.
- After cancellation of the warning signal(s), teachers may contact the School Sports Programme Unit if they have any questions about whether the activity will be held as scheduled or postponed.
- If the event venue is not affected by thunderstorms, the teachers-in-charge/coaches and venue staff may decide whether to proceed the event as scheduled in light of weather conditions for safety concerns.

(Revised by the School Sports Programme Unit of the LCSD in December 2022)

Arrangements for the activities under SSP under Air Quality Health Index (AQHI)

Health Risk Category	AQHI	Arrangements 「✓」 denotes the activity to be held as scheduled under safety conditions; 「✕」 denotes cancellation of the activity)		
		Land Sports		Water Sports
		Indoor Activity	Outdoor Activity / Outdoor Pursuit Activity	
High	7	✓	✓ ● Reduce outdoor physical exertion ● Reduce the time of staying outdoors ● The intensity and duration of the activities could be at moderate level	✓ ● Reduce outdoor physical exertion ● Reduce the time of staying outdoors ● The intensity and duration of the activities could be at moderate level
Very High	8-10	✓	✓ ● Reduce to the minimum outdoor physical exertion ● Reduce to the minimum the time of staying outdoors ● The intensity and duration of the activities could be at moderate-to-low level	✓ ● Reduce to the minimum outdoor physical exertion ● Reduce to the minimum the time of staying outdoors ● The intensity and duration of the activities could be at moderate-to-low level
Serious	10+	✓ ● Avoid indoor physical exertion – Arrangement for non-physical exertion activities (See Note 6) – Arrangement for training course (See Note 7) – Arrangement for competition (See Note 8-9)	✕	✕

Note:

1. The AQHI of lower than 10 (i.e. at High or Very High level, all activities should be run as scheduled.
2. The tolerability to different levels of intensity of physical/sports activity varies among people. In general, it depends on health condition, previous exercise experience and level of physical fitness of individuals.
3. The medical advice for school children with pre-existing heart, respiratory or chronic illnesses should be followed, if any, for activities arrangement. Professional judgment for appropriate arrangement and adjustment should be exercised where necessary.
4. School children with heart, respiratory or chronic illnesses are advised to **reduce to the minimum** outdoor physical exertion and the time of staying outdoors, especially in areas with heavy traffic, and take more breaks during physical activities when the health risk category reaches high level, i.e. AQHI is at 7; they should **avoid** physical exertion and staying outdoors, especially in areas with heavy traffic when the health risk category reaches very high level or above, i.e. AQHI is at 8 or above.
5. When AQHI reaches 10+, schools children are advised to **avoid** indoor, outdoor and outdoor pursuit physical exertion, and to **avoid** staying outdoors, especially in areas with heavy traffic.
6. Indoor activities without physical exertion such as sport talks, theoretical learning of training courses are held as scheduled.
7. All indoor training courses with physical exertion will be **suspended** when the AQHI reaches 10+ at the affected district where the activities are organised. Alternatively, non-physical exertion activities such as sport talks, theoretical learning of training courses may be arranged during that period of time. Instructors can liaise with school teachers to **cancel or postpone** those physical exertion activities, if necessary.
8. Competitions held at indoor sports venues will be **stopped** immediately when the AQHI reaches 10+ at the affected district where the activities are organised.
9. If the AQHI reaches 10+ two hours before the commencement of the competition event at the affected district where the activities are organised, the activity will be **cancelled**.
10. Teachers and coaches are advised to keep posted of the latest weather information on the AQHI and take account of the advice from the above mentioned respective response actions.
11. This guideline should be read in conjunction with the letter issued by Education Bureau (EDB) dated 18 December 2013 on AQHI and EDB's "Guidelines on Outdoor Activities".