

Organised by the Leisure and Cultural Services Department (LCSD)
School Sports Programme – 2025/26 Sport Captain Programme

Prospectus

Objective : To provide training on both sport administration and event organisation for secondary students, parents and teachers alike, which will equip them to help schools organise sport activities and competitions.

Outline : The programme offers the following two training courses for schools to choose from:

Course Description											Fee (per person)
Sports Activity Planning Course		The course content includes i) how to select, plan and organise recreation and sports activities suitable for persons of all age and varying abilities; ii) how to be a sport leader; and iii) how to conduct fitness tests. ● Duration: 8 hours ● Target participants: Students at or above Secondary 3 level, teachers and parents									\$80 (per person)
<div><div>Sport</div><div>Duration (hour)</div><div>Course</div></div>	Track and Field	Badminton	Basketball	Dragon Boat	Handball	Fencing	Football	Table Tennis	Tenpin Bowling	Volleyball	\$80 (per person per sport)
	Introduction to Sport Refereeing										
	The course mainly introduces the game rules and refereeing skills for individual sports										
	15	12	27.5	-	-	-	6	-	-	20	
Introduction to Sport Coaching	The course covers the coaching techniques for individual sports										
	-	21	16	8	16	20	12	20	12	20	

Eligibility : Secondary students, teachers and parents recommended by schools

Date : Training courses will be held between July and August every year (Track and Field courses will be held in October)

Fee : \$80 per person per course/sport (half rate for full-time students)
 *Fees are subject to change from time to time. Schools are advised to stay abreast of the latest information as announced by the LCSD. **If the prepayment made by a school for an activity/course is less than the updated fee, the school in question is required to pay up the difference.**

Attendance Certificate : Participants who have an attendance rate of 80% or above will be awarded a certificate of attendance

Application : School interested in taking part in the Programme should complete and return the Application Form (Enclosure 3) by facsimile (Fax no.: 2684 9076) or by email (email address: applicationssp@lcsd.gov.hk) to School Sports Programme Unit, LCSD on or before **30 June, 2025 (Mon)**

Enquiry Phone No./Website : 2601 7602 / 2601 7612
https://www.lcsd.gov.hk/en/ssp/sport_captain/captain_intro.html

By-law : The Organiser will carry out photo shoots/video-filming/arrange broadcasting during the competitions, and has the right to display/publish the event photos or videos on the internet, at venues of the LCSD, on the dedicated website, in publications of the Organiser and through other publicity channels, for promotion of activities or record purposes.

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Course Timetable

Enclosure 2

Sport	Course Code	Course	Date	Time	Venue	Quota	Remaining Quota	Fee (<i>Note 1</i>)	Cheque Payable
Sports Activity Planning	SCP/LCSD/25/0001	Sports Activity Planning Course	24/8/2025 (Sun)	9am – 6pm	Yuen Long Sports Centre (Activity Room)	50	9	\$80	The Government of the Hong Kong Special Administrative Region
Track and Field	SCP/AA/25/0001	Introduction of Sport Refereeing (Theory) ^(Note 2)	18/10/2025 (Sat)	9am – 5pm	Leisure and Cultural Services Headquarters (1/F, Audio Visual Room)	50	38	\$80	
		Introduction of Sport Refereeing (Practice) ^(Note 2)	25/10/2025 (Sat)	9am – 5pm	Wan Chai Sports Ground				
Badminton	SCP/BA/25/0001	Introduction of Sport Coaching	6/8/2025 (Wed)	9am – 5pm	Hang Hau Sports Centre	36	23	\$80	
			13/8/2025 (Wed)	9am – 5pm					
			20/8/2024 (Wed)	9am – 5pm					
	SCP/BA/25/0002	Introduction of Sport Refereeing	22/8/2025 (Fri)	9am – 1pm	Hang Hau Sports Centre	32	22	\$80	
27/8/2025 (Wed)	9am – 6pm								
Basketball	SCP/BK/25/0001	Introduction of Sport Coaching	5/8/2025 (Tue)	2pm – 6pm	Choi Hung Road Sports Centre	60	47	\$80	
			12/8/2025 (Tue)						
			19/8/2025 (Tue)						
			26/8/2025 (Tue)						
	SCP/BK/25/0002	Introduction of Sport Refereeing (Theory) ^(Note 3)	24/7/2025 (Thu)	9:30 am – 6pm	Choi Hung Road Sports Centre (Activity Room 1)	50	23		
	SCP/BK/25/0003	Introduction of Sport Refereeing (Theory) ^(Note 3)	25/7/2025 (Fri)	9:30 am – 6pm	Choi Hung Road Sports Centre (Activity Room 1)	50	14		
	SCP/BK/25/0004	Introduction of Sport Refereeing (Practice) ^(Note 3)	5/8/2025 (Tue)	9am – 1pm	Choi Hung Road Sports Centre	50	9	\$80	
			12/8/2025 (Tue)						
			19/8/2025 (Tue)						
			22/8/2025 (Fri)						
	SCP/BK/25/0005	Introduction of Sport Refereeing (Practice) ^(Note 3)	26/8/2025 (Tue)	9am – 1pm	Shun Lee Tsuen Sports Centre	50	28	\$80	
			6/8/2025 (Wed)						
			8/8/2025 (Fri)						
			13/8/2025 (Wed)						
			15/8/2025 (Fri)						
			20/8/2025 (Wed)						
Dragon Boat	SCP/DB/25/0001	Introduction of Sport Coaching ^(Note 4)	4/8/2024 (Mon)	9 am – 5pm	Hong Kong China Dragon Boat Association Shek Mun Training Centre	10	7	\$80	
Handball	SCP/HA/25/0001	Introduction of Sport Coaching	7/8/2025 (Thu)	9am – 1pm	Yuen Wo Road Sports Centre	20	10	\$80	
			14/8/2025 (Thu)						
			21/8/2025 (Thu)						
			28/8/2025 (Thu)						
Fencing	SCP/AF/25/0001	Introduction of Sport Coaching	21/7/2025 (Mon)	9am – 1pm	Shek Kip Mei Park Sports Centre (Dance Room)	20	15	\$80	
			23/7/2025 (Wed)						
			25/7/2025 (Fri)						
			28/7/2025 (Mon)						
			30/7/2025 (Wed)						
Football	SCP/FA/25/0001	Introduction of Sport Refereeing	28/7/2025 (Mon)	9 am – 4:30pm	Shun Lee Tsuen Sports Centre (Meeting Room) (Theory)	30	19	\$80	
	SCP/FA/25/0002	Introduction of Sport Coaching	29/7/2025 (Tue)		Shun Lee Tsuen Park (Artificial Turf Pitches) (Practice)	30	25	\$80	
			30/7/2025 (Wed)						
Table Tennis	SCP/TT/25/0001	Introduction of Sport Coaching	4/8/2025 (Mon)	10am – 2pm	Cornwall Street Squash and Table Tennis Centre	20	1	\$80	
			5/8/2025 (Tue)						
			6/8/2025 (Wed)						
			7/8/2025 (Thu)						
			8/8/2025 (Fri)						
Tenpin Bowling	SCP/BL/25/0001	Introduction of Sport Coaching	1/8/2025 (Fri)	2:30pm – 5:30pm	Sha Tin Belair Bowling Centre	24	20	\$80	
			8/8/2025 (Fri)						
			15/8/2025 (Fri)						
			22/8/2025 (Fri)						
Volleyball	SCP/VA/25/0001	Introduction of Sport Refereeing	21/7/2025 (Mon)	9am – 6pm	Boundary Street Sports Centre No. 1	50	FULL	\$80	
			22/7/2025 (Tue)	9am – 6pm					
			23/7/2025 (Wed)	9am – 1pm					
	SCP/VA/25/0002	Introduction of Sport Refereeing	24/7/2025 (Thu)	9am – 6pm	Boundary Street Sports Centre No. 1	50	FULL	\$80	
			25/7/2025 (Fri)	9am – 6pm					
			29/7/2025 (Tue)	9am – 1pm					
	SCP/VA/25/0003	Introduction of Sport Coaching	30/7/2025 (Wed)	9am – 6pm	Boundary Street Sports Centre No. 1	50	19	\$80	
			31/7/2025 (Thu)	9am – 6pm					
1/8/2025 (Fri)			2am – 6pm						

Note:
1. Full-time students are eligible for half-price concessionary rates.
2. Participants of Introduction to Sport Refereeing – Track and Field must attend both the Theoretical and Practical Sessions.
3. Participants of Introduction to Sport Refereeing – Basketball must attend both the Theoretical and Practical Sessions, and they can only attend the Practical Session after finishing the one-day Theoretical Session.
4. Participants of Basics of Sport Coaching – Dragon Boat must be aged 12 or above and be able to swim at least 50 metres with clothes on.
5. If there is any adjustment in the class fee, participants will need to make up for the difference.