

Organised by the Hong Kong China Rugby
Subvented by the Leisure and Cultural Services Department
School Sports Programme (Special School)
Rugby – Prospectus

Type of Activity Key Information	Sport Demonstration	Easy Sport Programme	Outreach Coaching Programme
Target Participants	Students with Hearing Impairment/Intellectual Disability		
Outline	<ul style="list-style-type: none"> • Introduction to Rugby • Skill demonstration • Safety point during try or pick up the ball from ground • Group game 	<ul style="list-style-type: none"> • Catch skill training • Training on covers running • Training on keep the ball in hands and run • Mini-competitions (Touch Rugby) 	<ul style="list-style-type: none"> • Training on covers skills • Touch rugby competition • Training for group defense • Learning about teamwork, discipline and respect
Venue Requirements	Indoor basketball court or school hall (about the size of two standard badminton courts with a smooth floor surface)		
Fee	Free		
Equipment to be provided by NSAs	30 plastic marker disc cones, 6 rugby balls (size 3 or 4), 30 tag rugby bell sets		
Clothing of Participants	Sportswear and sports shoes		
Duration	2 hours per session	At least 2 to 4 sessions; At least 2 hours per session	At least 5 to 8 sessions; At least 2 hours per session
Estimated No. of Participants per Session	30		
Proposed Date/ Time of Activity	Monday to Friday: 9 am to 4 pm, Saturday: 9 am to 1 pm		
Enrolment Form	Sport Demonstration – General Sport Enrolment Form	Easy Sport Programme – General Sport Enrolment Form	Outreach Coaching Programme – General Sport Enrolment Form
How to Enrol	Please submit the completed e-form before the deadline (please refer to “Application” (P.3-4) of this Guide for the dates) by email at: applicationssp@lcsd.gov.hk .		
Points to Note	<ol style="list-style-type: none"> 1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities. 2. Participants should wear proper sportswear and sports shoes. 3. If a school requests for cancellation of an activity for which a venue and a coach have been arranged by the LCSD, no re-scheduling of an activity will be arranged. 4. The actual teaching content will be properly adjusted in accordance with participants’ capabilities. 5. School of hearing-impaired: the school is required to arrange a sign language interpreter during activities. 		
Enquiry No./ Website	2601 7602 / www.lcsd.gov.hk/en/ssp/special_school_info/special_school.html		