



School Sports Programme Joint Schools Rugby Training Programme (Phase 1 for the 2025/26) (September 2025 to January 2026)

Prospectus

- Objective:** The Programme aims to provide sustained and systematic training for those with potential and aspiring to become rugby players in contact rugby through practices on turf pitches under guidance from experienced coaches arranged by the Hong Kong, China Rugby (HKCR), with a view to enhancing the rugby standard among Hong Kong students.
- Eligibility for Application:** Participants must be secondary school students who are members of their school's rugby team and have basic rugby skills. Male and female participants must join the Programme in separate teams.
- Quota:** A total of 8 teams, each with a maximum of 25 players.
- Course Arrangement:** A total of 15 sessions of 1.5 hours each throughout the phase, totaling 22.5 hours.
- Course Content:**
1. The Programme will mainly teach **7-a-side contact rugby**.
 2. The training thereof will cover, inter alia, the basic rugby techniques, skills for specialised positions, team tactics, scrum, attacking and defensive formations for the lineout, as well as correct tackling postures.
 3. The Programme will focus on the dual goals of enhancing an individual's skill level and strengthening a team's ability to apply game tactics.

Venue, Date and Time:

Course Code		HVRG/25/83	KFP/25/84	KTP/25/85
Venue		Happy Valley Recreation Ground (Artificial Turf Pitch No.6)	Kwong Fuk Park Football Pitch (Artificial Turf Pitch)	Kowloon Bay Park Football Pitch (Artificial Turf Pitch)
Date	Sep 2025	26		
	Oct 2025	3, 10, 17, 24, 31		
	Nov 2025	7, 14, 21, 28		
	Dec 2025	5, 12, 19		
	Jan 2026	2, 9		
Day		Friday		
Time		4:30 p.m. to 6:00 p.m.		

Application Period:	From now to 10 September 2025. (with the date of postmark being taken as the date of application by mail)
Fee:	Applications should be submitted in the name of school teams. The fee for the entire course is \$3,250.
Coach:	Each team will be assigned an experienced coach from the HKCR.
Reward:	Schools may apply for certificates of attendance for students with attendance of no less than 80%.
Equipment:	Basic equipment for the course will be provided by the Leisure and Cultural Services Department (LCSD) and the HKCR. Schools may also provide practice equipment for students at their own arrangement.
Notes on Application:	<p>1. All schools participating in the Programme must apply in the name of school teams. The completed application form should submit within the enrolment period by the following method :</p> <ul style="list-style-type: none"> i. Apply in person with the completed enrolment form together with a crossed cheque for the enrolment fee and payment of activity fee to the School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin; or ii. Mail the completed enrolment form together with a crossed cheque for the enrolment fee and payment of activity fee to the following address : School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin; or iii. Email the completed enrolment form to applicationssp@lcsd.gov.hk and mail the crossed cheque for the enrolment fee and payment of activity fee to the School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin. <p>Please mark on the envelope “Joint School Rugby Training Programme”, (made payable to “Hong Kong, China Rugby” with the school name written on the back). The postmark date will be deemed the date of the application submission by email or by post, Late applications will not be processed.</p> <p>2. Each of the training venues can accommodate no more than four teams. If less than two teams have applied for a training venue, the LCSD reserves the right to cancel the course at the training venue.</p> <p>3. If the number of teams enrolled exceeds the above quota of four, the LCSD will determine by ballot which of the teams be allowed to participate and arrange training venues according to the preferences indicated by schools. Unselected schools will be placed on the waiting list in the order of the ballot. The cheque will be returned to the teacher-in-charge of a school in case of unsuccessful application.</p> <p>4. If the number of teams enrolled exceeds the quota, a ballot exercise will be held at 10:00 a.m. on 12 September 2025 at the Office of School Sports Programme Unit on 1/F of the Leisure and Cultural Services Headquarters.</p> <p>5. In case of withdrawal from the course before commencement by a school after a coach has been assigned by the HKCR as per the school’s application, the HKCR will charge an administrative fee of \$420 for the course arrangement and refund the remaining balance direct to the school. No refund for the fee</p>

will be made once the course commences.

6. The information provided will only be used by the Organiser and the Leisure and Cultural Services Department (LCSD) for matters relating to enrolment in recreation and sports programmes, future contact, compilation of statistics and opinion survey. Only staff duly authorised by the Organiser and the LCSD can have access to such personal data. For correction of or enquiries about the personal data you have submitted in application forms, please contact the staff of the LCSD on 2601 7607 or 2601 7648."
7. The HKCR & LCSD will do photo-shoots/video-filming/arrange broadcasting during the event, and has the right to display/publish the event photos or videos via the Internet, the venues under the LCSD, dedicated websites and publications of the Organiser, as well as any other publicity channels, for the purpose(s) of promotion and/or record.
8. In case of any inadequacy in this Prospectus, the HKCR reserves the right to amend it as appropriate at any time.

Notes to Applicants:

1. Schools are recommended to appoint a teacher or a person aged 18 or above as the person-in-charge to assist in the activity.
2. Successful applicants are advised to commit themselves to attend the Programme punctually for optimal use of resources.
3. Participants must wear suitable sportswear, and are advised to bring extra clothing for change.
4. Participants should bring enough drinking water and sunscreen products for outdoor training.
5.
 - i. A session will be cancelled if the Education Bureau announces school suspension or Tropical Cyclone Warning Signal No. 3 or above, or Amber Rainstorm Warning Signal or above remains in force two hours before the session commences; or
 - ii. If the Environmental Protection Department announces that the Air Quality Health Index recorded by general stations reaches 10+ ("Serious" health risk category), outdoor activities in the affected areas must be stopped immediately.

There will be no refund for any cancelled classes. Subject to the availability of venues, the Organiser will arrange, if possible, make-up classes. In case of inclement weather, please contact the coach-in-charge for enquiries about training arrangements. Details on such make-up classes will be notified separately, and the venues concerned will be determined based on their hiring arrangements.

Enquiry No.:

2601 7607