

School Sports Programme — 2025/26 Joint Schools Athletics Training Programme—Schedule

	Venue	Sham Shui Po Sports Ground	Hammer Hill Road Sports Ground	Tuen Mun Tang Shiu Kin Sports Ground	Kowloon Bay Sports Ground	Tsing Yi Sports Ground	Siu Sai Wan Sports Ground	
	Day of Week	Mon	Wed, Fri / Thu*	Tue / Thu*	Sat* / Sun	Thu / Fri*	Mon, Wed	
	Time	1730-1930	1700-1900	1700-1900	1300-1500	1700-1900	1700-1900	
Term 1	Course code	AA25/SSP/T1-2	AA25/HHR/T1-2	AA25/TM/T1-2	AA25/KB/T1-2			The enrolment deadline is 11 September 2025 (Thursday).
	Date	29/9/2025	3/10/2025	14/10/2025	5/10/2025			
		13/10/2025	8/10/2025	21/10/2025	12/10/2025			
		20/10/2025	10/10/2025	28/10/2025	19/10/2025			
		27/10/2025	15/10/2025	4/11/2025	26/10/2025			
		3/11/2025	17/10/2025	11/11/2025	*1/11/2025			
		10/11/2025	22/10/2025	18/11/2025	*8/11/2025			
		17/11/2025	24/10/2025	25/11/2025	16/11/2025			
		24/11/2025	31/10/2025	2/12/2025	23/11/2025			
		1/12/2025	5/11/2025	9/12/2025	30/11/2025			
Term 2	Course code		AA25/HHR/T3-4					The enrolment deadline is 8 October 2025 (Wednesday).
	Date		12/11/2025					
			*13/11/2025					
			19/11/2025					
			21/11/2025					
			26/11/2025					
			28/11/2025					
			3/12/2025					
			5/12/2025					
			10/12/2025					
Term 3	Course code	AA25/SSP/T3-4	AA25/HHR/T5-6	AA25/TM/T3-4		AA25/TY/T1-2	AA25/SSW/T1-2	The enrolment deadline is 6 November 2025 (Thursday).
	Date	12/1/2026	7/1/2026	27/1/2026		22/1/2026	5/1/2026	
		19/1/2026	9/1/2026	*29/1/2026		29/1/2026	7/1/2026	
		26/1/2026	14/1/2026	3/2/2026		*6/2/2026	12/1/2026	
		2/2/2026	16/1/2026	10/2/2026		12/2/2026	14/1/2026	
		9/2/2026	21/1/2026	24/2/2026		*27/2/2026	19/1/2026	
		23/2/2026	23/1/2026	3/3/2026		5/3/2026	21/1/2026	
		2/3/2026	28/1/2026	10/3/2026		*20/3/2026	26/1/2026	
		9/3/2026	30/1/2026	17/3/2026		26/3/2026	2/2/2026	
		16/3/2026	4/2/2026	24/3/2026		*10/4/2026	4/2/2026	
Term 4	Course code		AA25/HHR/T7-8				AA25/SSW/T3-4	
	Date		11/2/2026				23/2/2026	
			13/2/2026				25/2/2026	
			25/2/2026				2/3/2026	
			27/2/2026				4/3/2026	
			4/3/2026				9/3/2026	
			6/3/2026				11/3/2026	
			11/3/2026				16/3/2026	
			13/3/2026				18/3/2026	
			18/3/2026				23/3/2026	
			20/3/2026				25/3/2026	

Please visit our website: https://www.lcsd.gov.hk/en/ssp/download_info/download.html#18

Remarks:

- Students with an attendance rate of 80% or above (i.e. attended 8 sessions or more in each term) will receive a certificate of attendance.
- All participants enrolled on or before 6 November 2025, Thursday (i.e. the enrolment deadline for this course in this school year) will be qualified to participate in the Athletics Badges Award Scheme Assessment Day. The enrolment form will be delivered to participating schools by email/fax by the end of November 2025. For schools with students who have enrolled in the programme in this school year, please contact the LCSd if you have not yet received the enrolment form after 1 December 2025 (Monday).