

Organised by the Hong Kong, China Association of Athletics Affiliates

Subvented by the Leisure and Cultural Services Department

Co-organised by the Education Bureau

School Sports Programme — 2025/26 Joint Schools Athletics Training Programme Prospectus

1. **Objective** : To offer Joint Schools Athletics Training to beginners in primary and secondary schools. Instructors will be assigned by the Hong Kong Association of Athletics Affiliates (HKAAA) to carry out athletics training in accordance with the progress of students for nurturing talents and promoting athletics.
2. **Eligibility** : Primary group: P.4 to P.6 students or students who is age 9 or above;
Secondary group: S.1 to S.6 students.
3. **Date** : From September 2025 to April 2026. Please refer to the training schedule in Appendix III for details.

Joint Schools Athletics Training Programme	Level		Basic Training Course	
	Target participants		Secondary group	Primary group
	Sport	Jumping sports	Long jump / Triple jump / High jump	Long jump
		Throwing sports	Short put / Discus / Javelin	Softball
		Running sports	- Hurdling - Race-walking - Sprints: 100m, 200m and 400m - Middle and long-distance run: 800m, 1500m, 5000m and 10000m	Sprints: 60m, 100m and 200m
	Quota		Around 300 number of participants (The quota of each venue and each sport will depend on the actual enrolment situation)	

5. **Joint Schools Athletics Badges Award Scheme Assessment Day** :
 - a. To help students establish their training objectives, understand the level of their skills and challenge themselves. Besides the skill tests for specified sports in the programme, students may apply to participate in the **Athletics Badges Award Scheme Assessment Day**, which will be held on **31 January 2026 (Sat) – Wan Chai Sports Ground**. This event provides an opportunity for students to undergo skill tests and engage in friendly competition.
 - b. Students who have enrolled in the 2025/26 Joint Schools Athletics Badges Award Scheme on or before **6 November 2025 (Thu)** will be qualified to participate in the 2026 Athletics Badges Award Scheme Assessment Day.

- c. **The enrolment form will be sent to participating schools by email/fax by the end of November 2025. For schools with students who have enrolled in the Joint Schools Athletics Badges Award Scheme Assessment Day in this school year, please contact our staff if you have not yet received the enrolment form after 1 December 2025 (Mon).**

6. **Instructor** : Instructors will be assigned by the HKAAA.
7. **Training Venues** : Hong Kong Island - Siu Sai Wan Sports Ground
Kowloon - Sham Shui Po Sports Ground,
Hammer Hill Road Sports Ground,
Kowloon Bay Sports Ground
New Territories West - Tuen Mun Tang Shiu Kin Sports Ground,
Tsing Yi Sports Ground
8. **Notes on Enrolment** : a. Each student should be enrolled in one training programme. **Each person is only allowed to participate in one training programme in each term.**
- b. **A separate enrolment form, together with a cheque for the course fee, is required for each course.** If schools wish to apply for more than one training course concurrently, they should submit separate enrolment forms and cheques for the respective course fees. (Example: If schools enrol in training courses in Hammer Hill Road Sports Ground and Sham Shui Po Sports Ground concurrently, they should submit two enrolment forms and two or more cheques with school name and course code written clearly on the back.)
- c. **Interested students shall complete the enrolment procedures through their schools according to the above enrolment method. Students can only attend the course after they have received confirmation from the LCSD.** Assignment of instructors and other matters will be arranged with the organiser in light of the response as at the enrolment deadline. **Late application will not be accepted.**
9. **Enrolment Method** : a. School applicants should submit the completed enrolment form in Appendix II together with a crossed cheque of \$180-\$7,200 (calculated based on a maximum of 40 applicants), made payable to the **“Hong Kong, China Association of Athletics Affiliates Limited”**, to the **School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin.**
- b. Should there be insufficient places of individual venues or programmes, places will be allocated by balloting on a school basis after all school applications have been received. The maximum number of successful applicants from each school is 40 for the same training venue. However, there is no restriction on the quota for the waiting list. If the number of applicants exceeds 40, schools should indicate waitlisted students on the enrolment form for our processing.
- c. Cheques submitted on behalf of unsuccessful applicants will be returned to the respective schools by the organiser.
- d. If schools do not receive any confirmation or notification of unsuccessful application one week prior to the commencement date, they should proactively contact LCSD staff, Ms WONG Po-yi (Tel: 2601 7619) for follow-up.

- e. For better resource utilisation, the LCSD reserves the right to adjust the quota for each programme with reference to the enrolment response.

10. Fee : The enrolment fee for each student is \$180 per term (10 sessions of 2 hours each).

11. Enrolment Deadline	:	Month of Course Commencement	Enrolment Deadline
		September to October 2025	11 September 2025 (Thu)
		November 2025	8 October 2025 (Wed)
		January to February 2026	6 November 2025 (Thu)

12. Awards : The course provides sustainable training of athletic skills, with the award of the following to incentivise students with active participation and outstanding performance:

a. **Certificate of Attendance**

Students with an attendance rate of **80%** or above (i.e. attended 8 lessons or more in the same term) will receive a certificate of attendance.

b. **Athletics Badges Award Scheme - Diamond, Gold, Silver, Bronze Badges**

Other than champion, first runner-up, second runner-up and third runner-up awards for test items of the “**Joint Schools Athletics Badges Award Scheme Assessment Day**”, students who have an attendance rate of **60%** or above and attained results that met the required standard of their age group will receive the Certificate of Diamond, Gold, Silver or Bronze Badge issued by the LCSD as encouragement.

13. Inclement Weather Arrangement The programme will be cancelled in the event of school suspension announced by the Education Bureau or the following severe weather conditions:

- If the Education Bureau announces class suspensions or in the event of other emergencies, or.
- The Hong Kong Observatory issues the Tropical Cyclone Warning Signal No. 3 or above, or Amber Rainstorm Warning Signal or above two hours before the activity; or
- If the Environmental Protection Department announces that the Air Quality Health Index recorded by general stations reaches the “serious” level (i.e. 10+), outdoor activities in the affected areas must be stopped immediately; or
- If the training venue is closed due to weather conditions or other special circumstances. In case of uncertain weather, schools are advised to check with individual venues first;

Due to the tight schedules of the venues, if any programme is cancelled due to inclement weather, venue closure or other special circumstances, no make-up lessons or refund will be arranged.

- 14. Points to note** : a. Students should wear proper sportswear and sports shoes while attending the training course.
- b. Students will be given a “Report Card” to record their training results and progress made in the course.
- c. Persistence is a requisite for good results in athletic training. Teachers should therefore urge students to be punctual for lessons.
- d. Due to the tight schedules of the courses and venues, no make-up lessons or refund will be arranged for individual students who cannot attend the lesson on the specified date(s). Please make good use of the resources and attend all training lessons on time.
- e. The information provided will only be used by the LCSD and the Hong Kong, China Association of Athletics Affiliates for purposes relating to enrolment in activities under the School Sports Programme, announcement of ballot results, compilation of statistics, future contact and opinion survey. Only staff duly authorised by the LCSD and the organiser will be given access to the personal data provided. For correction of or access to personal data collected through schools after submission of the application form, students or parents are required to contact LCSD staff through their school.
- f. The organiser will carry out photo shoots/video-filming/arrange broadcasting during the courses, and has the right to display/publish the programme photos or videos on the Internet, at venues of the Leisure and Cultural Services Department, on the dedicated website, in publications of the Organiser and through other publicity channels, for promotion of activities or record purposes.
- g. The organiser reserves the right to amend this prospectus at any time without further notice.

Enquiries : 2601 7602 (School Sports Programme Unit, Leisure and Cultural Services Department)