Organised by the Leisure and Cultural Services Department (LCSD)
Co-organised by Hong Kong, China Wushu Union (HKWU)
School Sports Programme
Let's Move@Preschool (幼動樂) － Wushu
Prospectus

Type of Activity / Key Information	Sport Demonstration
Target Participants	Kindergarten students (K2-K3)
Outline	This activity aims to introduce the development of Wushu in Hong Kong, its patterns (taolu) and basic movements including hand forms, stances, as well as hand and leg techniques. Meanwhile, Wushu demonstrations by coaches and play-in sessions will also be organised for students' participation.
Venue	School hall, activity room, classroom or covered playground
Fee	Free
Equipment to be provided by the school	N.A.
Other Sports Equipment	N.A.
Duration	2 hours (to be conducted in 2 sessions of 1 hour each) The duration of each session may be adjusted in light of the actual circumstances. (The school must assign students from different classes to participate in one of the sub-sessions.)
Estimated No. of Participants per Session/Course	40 participants in total with 20 participants per session
Proposed Time of Activity	Monday to Saturday: 9:00 am to 6:00 pm
How to Enrol	Please send the completed electronic application form to the LCSD by email (applicationssp@lcsd.gov.hk) before the specified date.
Points to Note	1. Schools must assign either a person-in-charge aged 18 or above or a teacher to oversee the activity. 2. Participants should wear proper sportswear and sports shoes for the activity. 3. If the activity is cancelled by schools on its very day, there will be no rescheduling or make-up sessions.
Enquiry No./Website	2601 7602 / http://www.lcsd.gov.hk/en/ssp/index.html