## Organised by Hong Kong, China Tennis Association Subvented by Leisure and Cultural Services Department Co-organised by the Education Bureau

## [Prospectus] <u>School Sports Programme –</u> Joint Schools Tennis Training Programme 2024-25

1. Purpose: To offer students who have potentials and aspire to make progress in tennis sustainable and systemic training, so as to enhance their skills.

**2.** Entry Requirement:

- a. Participants must be a students aged 12 or below (the age is calculated against the first day of the programme, applicable to both genders);
- b. This is an advanced programme which requires the applicants to <u>possess basic</u> tennis skills and reach a specific level of the sport with recommendation from their coach or teacher; and
- c. Applicants **must** attend the skill test selection day arranged by the Hong Kong, China Tennis Association (HKCTA). Those who <u>pass the test and meet the level of the programme</u> will be accepted to participate in the joint school tennis training programme.

**3.** Quota: 8 persons per class.

**4.** Course 32 sessions in total, 3 hours per session (96 hours in total).

Arrangement:

5. Fee: The total course fee (for 96 hours) is \$\frac{\$1850}{}\$ per person

6. Enrolment 9-23 August 2024 period: (The postmark date will be deemed the date of submission.)

## 7. Date and Time

| Venue   | Activity<br>Code        |      |     | Date                    | Fee    | Time                             | Selection<br>Day   |
|---|-------------------------|------|-----|-------------------------|--------|----------------------------------|--|
| Aberdeen<br>Tennis and<br>Squash Centre<br>(or other<br>venues) | JST/TA/24/<br>0013-0014 | 2024 | Oct | 9,12,16,19,23,26,30     |        | Wed 5pm to 8pm & Sat 11am to 2pm | 1/9/2024<br>(Sunday)<br>- 1pm– 7pm<br>Kowloon Tsai<br>Park<br>(Tennis<br>Courts) |
|   |                         |      | Nov | 2,6,9,13,16,20,23,27,30 | \$1850 |                                  |  |
|   |                         |      | Dec | 4,7,11,14,18,21,28      |        |                                  |  |
|   |                         | 2025 | Jan | 4,8,11,15,18,22,25      |        |                                  |  |
|   |                         |      | Feb | 1,5                     |        |                                  |  |
| King's Park<br>Recreation<br>Ground                             | JST/TA/24/<br>0015-0016 | 2024 | Nov | 3,6,10,13,17,20,24,27   | \$1850 | Wed 4pm to 7pm & Sun 10am to 1pm |  |
|   |                         |      | Dec | 1,4,8,11,15,18,22,29    |        |                                  |  |
|   |                         | 2025 | Jan | 5,8,12,15,22,26         |        |                                  |  |
|   |                         |      | Feb | 2,5,12,26               |        |                                  |  |
|   |                         |      | Mar | 2,5,9,12,16,19          |        |                                  |  |

| Venue  | Activity<br>Code        | Date |     |                            | Fee      | Time                              | Selection<br>Day   |
|--|-------------------------|------|-----|----------------------------|----------|-----------------------------------|--|
| Wu Shan<br>Tennis Courts   | JST/TA/24/<br>0017-0018 | 2024 | Oct | 10,12,17,19,24,26,31       |          | Thur 5pm to 8pm & Sat 2pm to 5pm  | 1/9/2024<br>(Sunday)<br>1pm– 7pm<br>Kowloon Tsai<br>Park<br>(Tennis<br>Courts) |
|  |                         |      | Nov | 2,7,9,14,16,21,23,28,30    |          |                                   |  |
|  |                         |      | Dec | 5,7,12,14,19,21,28         | \$1850   |                                   |  |
|  |                         | 2025 | Jan | 2,4,9,11,16,18,23,25       |          |                                   |  |
|  |                         |      | Feb | 1                          |          |                                   |  |
| Tai Po District<br>Sports Ground   | JST/TA/24/<br>0019-0020 | 2025 | Jan | 4,6,11,13,18,20,25,27      |          | Mon 4pm to 7pm & Sat 10am to 1pm  |  |
|  |                         |      | Feb | 1,3,8,10,15,17,22,24       | ¢1050    |                                   |  |
|  |                         |      | Mar | 1,3,8,10,15,17,22,24,29,31 | \$1850   |                                   |  |
|  |                         |      | Apr | 5,7,12,14,26,28            |          |                                   |  |
| Hin Tin<br>Playground<br>(Tennis Court)  | JST/TA/24/<br>0021-0022 | 2024 | Oct | 6,8,13,15,20,22,27,29      |          | Tue 4pm to 7pm & Sun 2pm to 5pm   | 1/9/2024<br>(Sunday)<br>1pm–7pm<br>Kowloon Tsai<br>Park<br>(Tennis<br>Courts)  |
|  |                         |      | Nov | 3,5,10,12,17,19,24,26      | \$1850   |                                   |  |
|  |                         |      | Dec | 1,3,8,10,15,17,22,29,31    | _ \$1050 |                                   |  |
|  |                         | 2025 | Jan | 5,7,12,14,19,21,26,        |          |                                   |  |
| Chai Wan Park<br>(Tennis Court)<br>Every Thur<br>and<br>Sai Wan Ho<br>Playground | JST/TA/24/<br>0023-0024 |      | Oct | 3,6,10,13,17,20,24,27,31   |          | Thur 4pm to 7pm & Sun 11am to 2pm |  |
|  |                         |      | Nov | 3,7,10,14,17,21,24,28      | \$1850   |                                   |  |
|  |                         |      | Dec | 1,5,8,12,15,19,22,29       | Ψ1050    |                                   |  |
| (Tennis Court)<br>Every Sun  |                         |      | Jan | 2,5,9,12,16,19,23          |          |                                   |  |

- Selection Day:
- 8. Arrangement of a. The list of shortlisted applicants and time will be announced on the website of the HKCTA (http://www.tennishk.org/) on 29 August 2024 (Thursday). Applicants shall check the details themselves and attend the selection test at Kowloon Tsai Park on 1 September 2024 (Sunday).
  - b. If the number of applicants exceeds the quota, the Organiser reserves the right to schedule another date and time for selection.
  - c. The scope and content of the test will be determined by the HKCTA. The assessment items include: forehand and backhand (straight and diagonal) strokes, volleying at the net (forehand, backhand), overhand serve and other items (see Appendix I for details).
  - d. Applicants shall wear proper sportswear and shoes with non-marking rubber outsoles, and bring along their own rackets and proof of identity bearing photos and year of birth, such as student handbooks and student cards, for the selection. The Organiser has the right to refuse the applicants to participate in the selection test if they fail to produce such documents. Applicants who fail to attend the selection test will not be accepted.
  - e. The HKCTA will announce the selection result within three working days after the selection. Those who pass the test and meet the level of the programme will be given priority to enrol; those who are not admitted will be added to the waiting list in the order of their scores. If an enrolled student withdraws, his/her place will be filled by those on the waiting list. For details of the selection result, please visit the website of the HKCTA.
  - f. In case the Tropical Cyclone Warning Signal No. 3 or above, or Rainstorm Signal Amber / Red / Black is issued by the Hong Kong Observatory two hours before the selection test; or the Education Bureau has announced the closure of schools; or the Environmental Protection Department has announced that the Air Quality Health Index (AQHI) recorded at its general monitoring stations reaches 10+ ("Serious" health risk category) in the area

concerned, the selection test will be cancelled. In this case, the selection will be postponed to 1:00 p.m. to 7:00 p.m. on 15 September 2024 (Sunday), and to be held at the tennis court in the Kowloon Tsai Park. In case the Thunderstorm Warning is issued by the Hong Kong Observatory, Subject to the weather conditions, participants and coaches still need to be present at the venue.

**9.** Content: Theories, basic skills, physical training and stimulated matches, etc.

**10.** Coach: Experienced coaches will be assigned by the HKCTA.

11. Equipment : Students should bring their own rackets. Other basic equipment will be provided by the

НКСТА.

Applicants can download the form from the following webpage:

**12.** Enrolment form:

(Leisure and Cultural Services Department: https://www.lcsd.gov.hk/en/index.html)

(HKCTA: http://www.tennishk.org/)

**13.** Notes to Applicants:

- 1. Applicants for the Joint School Tennis Training Programme must apply as an individual. Each applicant should select **one** training centre only.
- 2. Prospective participants are required to complete and submit an enrolment form within the enrolment period by the following method:
  - i. Apply in person with the completed enrolment form together with a crossed cheque for the enrolment fee and payment of activity fee to the School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin: or
  - ii. Mail the completed enrolment form together with a crossed cheque for the enrolment fee and payment of activity fee to the following address:

the School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin:or

- iii. Email the completed enrolment form to <a href="mailto:applicationssp@lcsd.gov.hk">applicationssp@lcsd.gov.hk</a> and mail the crossed cheque for the enrolment fee and payment of activity fee to the School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin
- 3. Please mark on the envelope "Joint School Tennis Training Programme", (made payable to "Hong Kong, China Tennis Association Limited" with the school name and name of the applicant written on the back)
- 4. The postmark date will be deemed the date of the application submission by email or by post, <u>Late applications will not be processed.</u>
- 5. The Organiser reserves the right to cancel the course in case of insufficient enrolment.
- 6. The cheque will be returned to unsuccessful applicants.
- 7. In case the Tropical Cyclone Warning Signal No. 3 or above, or Rainstorm Signal Amber / Red / Black is issued by the Hong Kong Observatory two hours before the activity; or the Education Bureau has announced the closure of schools; or the Environmental Protection Department has announced that the Air Quality Health Index (AQHI) recorded at its general monitoring stations reaches 10+ ("Serious" health risk category) in the area concerned, the activity on the day will be cancelled. There will be no refund for all cancelled classes. Subject to the availability of venues, the HKCTA will arrange make-up lessons as far as possible. In case of inclement weather, please contact the coach-in-charge for enquiries on the training arrangement. In case the Thunderstorm Warning is issued by the Hong Kong Observatory, subject to the weather conditions, participants and coaches still need to be present at the venue.
- 8. The date of the lesson may change subject to the availability of venues and the weather conditions. Please contact the coach-in-charge in advance for enquiries on the lesson arrangement.

- **14.** Enquiries:
- a. School Sports Programme Unit, LCSD (Telephone No.: 2601 7604)b. Hong Kong, China Tennis Association (Telephone No.: 2336 0165)

## Organised by Hong Kong, China Tennis Association Subvented by Leisure and Cultural Services Department Co-organised by Education Bureau School Sports Programme — Joint Schools Tennis Training Programme Scope and content of Selection Test

Coaches of Hong Kong, China Tennis Association (HKCTA) reserve the right to determine and change the content of the test. The decision made by the coach on the Selection Day shall be final.

|      | Scope  |  |  |  |  |  |  |  |
|------|--|--|--|--|--|--|--|--|
| (A). | Able to hit the ball served by the coach using <b>forehand or backhand</b> to the designated area. |  |  |  |  |  |  |  |
|      | The coach will score based on the four hitting techniques below.                                   |  |  |  |  |  |  |  |
| 1    | Forehand stroke (down the line)  |  |  |  |  |  |  |  |
| 2    | Backhand stroke (down the line)  |  |  |  |  |  |  |  |
| 3    | Forehand stroke (cross court)  |  |  |  |  |  |  |  |
| 4    | Backhand stroke (cross court)  |  |  |  |  |  |  |  |
| (B). | Able to <b>volley the ball</b> served by the coach at the net to the designated area               |  |  |  |  |  |  |  |
|      | The coach will score based on the two hitting techniques below.                                    |  |  |  |  |  |  |  |
| 5    | Forehand volley  |  |  |  |  |  |  |  |
| 6    | Backhand volley  |  |  |  |  |  |  |  |
| (C). | Able to <b>serve overhead</b> to each court side   |  |  |  |  |  |  |  |
|      | The coach will score based on the serving technique.   |  |  |  |  |  |  |  |
| 7    | Serve  |  |  |  |  |  |  |  |
| (D). | <u>Other</u>   |  |  |  |  |  |  |  |
| 8    | Shuttle-run  |  |  |  |  |  |  |  |
| 9    | Repeated jump  |  |  |  |  |  |  |  |
| 10   | Overall performance  |  |  |  |  |  |  |  |