

**Organised by the Sailing Federation of Hong Kong, China (HKSF)**  
**Subvented by the Leisure and Cultural Services Department (LCSD)**  
**Co-organised by the Education Bureau**  
**School Sports Programme – Sailing**  
**Prospectus**

Type of Activity Key Information	Sport Demonstration	
	Demonstration on Land (in School)	Demonstration at Water Sports Centre (at designated venue)
Target Participants	Primary and secondary schools students	Primary to Secondary schools students (aged 8 – 15)
Outline	<ul style="list-style-type: none"> <li>- Introduction to sailing, equipment and competition events</li> <li>- Introduction to rope work</li> <li>- Coach demonstration of sailing on a dinghy</li> <li>- Students trial time on the dinghy for simulated control of sail in different wind conditions</li> </ul>	<ul style="list-style-type: none"> <li>- Introduction to sailing, equipment and competition events</li> <li>- Safety guidelines</li> <li>- Instructor demonstration of basic sailing skills on simulator</li> <li>- Student practice on dinghy set-up and rope work</li> </ul> <p>Students sail under the guidance of instructor and learn capsizing and recovery</p>
Venue	Covered playground or school hall with a ceiling at least 8 metres	<p>HKSF Little Palm Beach Sailing Centre            (Address: Hang Hau Wing Lung Road, Clearwater Bay)</p> <p style="text-align: center;">or</p> <p>Hong Kong Schools Sailing Association            (Address: Main Dam, Plover Cove, Tai Mei Tuk, Ting Kok Rd, Tai Po)</p>
Fee	\$1,250 per session	\$1,800 per session
Equipment to be provided by the school	Loudspeaker, computer, computer projector and screen	Not applicable
Sports Equipment	Sailing dinghy (to be provided by the NSA)	
Duration	2 hours per session	4 hours per session
Estimated No. of Participants per Session/Course	80	24
Proposed Time of Activity	Monday to Sunday: 10 am to 5 pm	Monday to Sunday: 10 am to 2 pm or 1 pm to 5 pm

Type of Activity  Key Information	Sport Demonstration	
	Demonstration on Land (in School)	Demonstration at Water Sports Centre (at designated venue)
Enrolment Form	Sport Demonstration – Archery / Rowing / RowKids Scheme / Sailing Enrolment Form (P.198-199)	
How to Enrol	Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at: <a href="mailto:applicationssp@lcsd.gov.hk">applicationssp@lcsd.gov.hk</a> . For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide.	
Points to Note	<ol style="list-style-type: none"> <li>1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities.</li> <li>2. Participants are able to swim with clothes for 50 metres when participating in Sport Demonstration at the Water Sports Centre.</li> <li>3. Participants should wear proper sportswear and sports shoes.</li> <li>4. The schools shall arrange for its own transportation to and from the venue.</li> <li>5. Participants must meet the age requirement of the activity as on the event date. If any participant whose age is found under the specified age, the LCSD will disqualify his/her participation and the enrolment fee will not be refunded.</li> <li>6. If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, NSA will deduct from the fee for each activity an administrative fee (\$210 per Sport Demonstration) and refund the balance to the school.</li> <li>7. If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded.</li> <li>8. If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded.</li> </ol>	
Enquiry Phone No./Website	2601 7602 / <a href="http://www.lcsd.gov.hk/en/ssp/index.html">http://www.lcsd.gov.hk/en/ssp/index.html</a>	