

Organised by the Fencing Association of Hong Kong, China (FAHKC)
Subvented by the Leisure and Cultural Services Department (LCSD)
Co-organised by the Education Bureau
School Sports Programme – Fencing
Prospectus

Type of Activity Key Information	Sport Demonstration	Sports Experience Programme	Outreach Coaching Programme					
			Non-School Team Training			School Team Training		
			Foil	Epee	Sabre	Foil	Epee	Sabre
Target Participants	Primary and secondary school students	Primary school students	Primary 4 or above and secondary school students					
Outline	Introduction to fencing equipment, attire, basic skills and rules of competition, and play-in session.	The course focuses on foil training and covers weapon holding, different fencing movements, thrust, on guard, lunge and its withdrawal, parry riposte and rules of competition. Games will be used as a means of instruction according to different teaching environments.	To improve the action technique and basic skills of fencing and strengthen the use of tactical tactics.			To enhance special skills and proficiency, advanced game tactical use, and professional physical training. To improve the motion reaction and the establishment of personal self-confidence. Each school may apply for continuous training for its school team of a maximum of 20 students. The list of school team members must be submitted to the LCSD at the beginning of the academic term. Coaches will assess their skills regularly.		
Venue	School hall or covered playground							
Fee	\$780 per session (\$490 for each extended session on the same day)	\$580 per course	\$2,100 per course			\$2,650 per course		

Key Information	Type of Activity	Sport Demonstration	Sports Experience Programme	Outreach Coaching Programme					
				Non-School Team Training			School Team Training		
				Foil	Epee	Sabre	Foil	Epee	Sabre
Equipment to be provided by the school	Audio-visual equipment for video broadcasting	Schools should arrange equipment for students. Each set should contain a mask, a weapon and a fencing jacket.							
Sports Equipment	Mask, Foil & Jacket (To be provided by the NSA)	Not applicable							
Duration	1 hour per session	4 lessons per course, 1 hour per lesson (4 hours in total)	8 lessons per course, 2 hours per lesson (16 hours in total)						
Estimated No. of Participants per Session/Course	80 (10 per play-in session)	20							
Proposed Time of Activity	Monday to Friday: before 3 pm Saturday: before 1pm	Monday to Sunday (Schools in Tuen Mun, Yuen Long, Sheung Shui and outlying Islands may choose Saturday afternoons and Sundays)							
Skill Assessment	Not applicable	Badges Award Scheme (See Points to Note 4)							
Enrolment Form	Sport Demonstration Enrolment Form (P.193-194)	Sports Experience Programme Enrolment Form (P.208)	Outreach Coaching Programme Enrolment Form (P.211-212)						
How to Enrol	<p>1. Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at: applicationsp@lcsd.gov.hk. For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide.</p> <p>2. For training courses under the Outreach Coaching Programme, please specify in the application whether the course is intended for a school team or non-school team.</p>								
Points to Note	<p>1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities.</p> <p>2. Participants should wear proper sportswear and sports shoes.</p> <p>3. Fencing is available under the Sport Captain Programme. Please refer to the respective prospectus for details. (P.192)</p> <p>4. Upon completion of fencing training course under the Sports Experience Programme or Outreach Coaching Programme, an assessment will be conducted by the coach according to Sports Experience Badges Award (Fencing)—Gold, Silver and Bronze or Musketeers Award under the Outreach Coaching Programme—Gold, Silver and Bronze levels of badges. Participants who meet the required standard may obtain the badges and certificates according to their achieved levels from LCSD free of charge. Please refer to the “School Sports Programme – Handbook on Fencing Badges Award Scheme” for details.</p> <p>5. Those participants at primary 4 or above who meet the requirements for the bronze badge, schools may also enrol in training courses under the Outreach Coaching Programme for them.</p>								

Key Information	Type of Activity	Sport Demonstration	Sports Experience Programme	Outreach Coaching Programme					
				Non-School Team Training			School Team Training		
				Foil	Epee	Sabre	Foil	Epee	Sabre
				<p>6. Schools have participated in the fencing training course under the Sports Experience Programme (formerly know as “Easy Sport Programme”) between September 2024 and December 2026 may take part in the “Sports Experience Programme – Fencing (Foil) Competition” under the School Sports Programme in 2027. Details will be announced later.</p> <p>7. Schools have participated in the fencing training course under the Outreach Coaching Programme between September 2025 and November 2026 may take part in the “Outreach Coaching Fencing (Foil) Team Competition”. Details will be announced later.</p> <p>8. School joins Outreach Coaching Programme – School Team Training (Foil) for the first time may borrow equipment from the LCSD free of charge for six months. For more details, please contact the LCSD staff.</p> <p>9. If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, the NSA will deduct from the fee for each activity an administrative fee (\$210 per Sport Demonstration; \$420 per training course under the Sports Experience Programme or Outreach Coaching Programme) and refund the balance to the school.</p> <p>10.If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded.</p> <p>11.If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded.</p>					
Enquiry Phone No./ Website	2601 7602 / http://www.lcsd.gov.hk/en/ssp/index.html								