

Organised by the DanceSport Association of Hong Kong, China (DSAHKC)
Subvented by the Leisure and Cultural Services Department (LCSD)
Co-organised by the Education Bureau
School Sports Programme – DanceSport
Prospectus

Key Information	Sport Demonstration		Sports Experience Programme		Outreach Coaching Programme	
	DanceSport	Breaking	Dance Sport	Breaking	Non-School Team Training	School Team Training
Target Participants	Primary and secondary school students				Primary and secondary school students (Students who have attended the Sports Experience Programme)	Primary and secondary school students (Students who have attended the Outreach Coaching Programme (Non-School Team))
Outline	<p>The demonstration includes:</p> <ul style="list-style-type: none"> – Introduction – Demonstration – Play-in Session 	<ul style="list-style-type: none"> – History of Breaking and Introduction to Break Dance Moves – Breaking Demonstration – Play-in Session <ul style="list-style-type: none"> - Dance to the Music - Breaking Basic Steps and Move 	<p>The training programme is based on Level 1 of the DSAHKC syllabus.</p> <p>School should select either Latin or Standard Dance for training.</p> <p>The training programme includes:</p> <ul style="list-style-type: none"> – basic skills of body movement – basic steps – basic tempo – basic steps combination 	<p>Learning Breaking musical-rhythm characteristics</p> <ul style="list-style-type: none"> – Basic stance – Basic footwork – Basic floor moves – Basic freeze 	<p>The training programme is based on Level 2 of the DSAHKC syllabus.</p> <p>School should select either Latin or Standard Dance for training.</p> <p>The training programme includes:</p> <ul style="list-style-type: none"> – basic skills of body movement – basic steps – basic tempo – basic steps combination 	<p>The training programme is based on Level 3 and 4 of the DSAHKC syllabus.</p> <p>School should select either Latin or Standard Dance for training.</p> <p>The training programme includes:</p> <ul style="list-style-type: none"> – skills of body movement – steps – music and tempo – steps combination
Venue	<p>School hall with wooden flooring or School may apply dance room or activity room of the LCSD sports centre through Free Use Scheme of LCSD Recreation Facilities.</p>					
Fee	\$490 per session		\$1,400 per course		\$2,700 per course	\$3,400 per course

Key Information \ Type of Activity	Sport Demonstration		Sports Experience Programme		Outreach Coaching Programme	
	DanceSport	Breaking	Dance Sport	Breaking	Non-School Team Training	School Team Training
Equipment to be provided by the school	Audio-visual equipment and computer		Audio-visual equipment			
Duration	2 hours per session		6 lessons per course, 1.5 hours per lesson (9 hours in total)		8 lessons per course, 2 hours per lesson (16 hours in total)	
Estimated No. of Participants per Session/ Course	60		30			
Proposed Time of Activity	Monday to Saturday: 9 am to 6 pm					
Skill Assessment	Not applicable		Not applicable		Assessed by the DSAHKC	
Enrolment Form	Sport Demonstration Enrolment Form (P.185-186)		Sports Experience Programme and Outreach Coaching Programme – DanceSport Enrolment Form (P.210)			
How to Enrol	<ol style="list-style-type: none"> 1. Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at: applicationssp@lcsd.gov.hk. For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide. 2. For training courses under the Outreach Coaching Programme, please specify in the application whether the course is intended for a school team or non-school team. 					
Points to Note	<ol style="list-style-type: none"> 1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities. 2. Dress Requirements of DanceSport participant: Participants as male partners should wear school uniform (Long trousers) and shoes with leather sole and heels while those as female partners should wear school dresses and shoes with leather sole and heels. (School Team: Participants should comply with the Dress Regulation of the DSAHKC. Participants as male partners should wear long trousers and shoes with leather sole and heels while those as female partners should wear dresses and shoes with leather sole and heels.) 3. Dress Requirements of Breaking participant: Sportswear and Sports shoes 4. Participants have taken part in the dancesport training under the Outreach Coaching Programme may participate in the DanceSport Joint Examination (Levels 1 to 8) to be held by the DSAHKC and The Commonwealth Society of Teachers of Dancing (CSTD) at their own cost. For the examination dates and enrolment details, please contact the DSAHKC (Tel. no.: 2771 8171). 5. If the DSAHKC has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, the DSAHKC will deduct from the fee for each activity an administrative fee (\$210 per Sport Demonstration; \$420 per training course under the Sports Experience Programme or Outreach Coaching Programme) and refund the balance to the school. 6. If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded. 7. If the DSAHKC/LCSD fails to arrange the activity, the fees paid will be refunded. 					

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Enquiry Phone No./ Website	2601 7602 / http://www.lcsd.gov.hk/en/ssp/index.html						