

**Organised by the Windsurfing Association of Hong Kong, China (WAHK)**  
**Subvented by the Leisure and Cultural Services Department (LCSD)**  
**Co-organised by the Education Bureau**  
**School Sports Programme—Windsurfing**  
**Prospectus**

Key Information \ Type of Activity	Sport Demonstration	Outreach Coaching Programme		Joint Schools Sports Training Programme
		Non-School Team Training		
		Elementary Certificate Training Course	Refinement Training Course	
Target Participants	Primary and secondary school students	Secondary school students (aged 12 or above)	Secondary school students (aged 12 or above and with Elementary Certificate)	Primary and secondary school students (aged 8 or above and with Elementary Certificate of windsurfing)
Outline	Video on introduction of windsurfing and wingfoil and sport equipment will be broadcasted. Coaches will give demonstration by using simulator (with sail & rig) and arrange play-in session for students to understand the basic concept of windsurfing.	Coaches will teach students the basic skills and knowledge of windsurfing including: -launching starting and landing - sailing techniques and stance  -manoeuvres - rigging - rescue techniques and safety - sailing theory	More advanced windsurfing techniques and skills enhancement training includes tacking in stronger winds and gybing in a variety of wind strengths will be provided.	Veteran coaches from the WAHK will conduct continuous and systematic training to talented students.  The course is divided into: Silver division and Gold division.  Content includes detailed information on various types of board/sail and practicing the use of apparatus according to various sailing theory.  Outstanding students will be selected by the WAHK to the Pre-development Youth Squad Team for further training and may be recruited to the national youth squad.
Venue	Outdoor school venue, or covered playground or school hall with a ceiling height 17 feet or above.	The LCSD Water Sports Centres (WSC): Stanley Main Beach WSC Tai Mei Tuk WSC		
Fee	\$800 per session (\$119 for each 1-hour extended session on the same day)	\$1,540 per course	\$1,540 per course	<b>【Silver division】</b> \$165 per day 10 days per course \$1,650 per person per course <b>【Gold division】</b> \$130 per day 10 days per course \$1,300 per person per course

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Equipment to be provided by the school	Wireless microphone, Computer set, Projector and PA system	Not applicable		
Sports Equipment	Windsurfing Simulator/ Wingfoil Simulator (to be provided by the NSA)	Surfboards and life jackets (to be provided by the LCSD)		
Duration	3 hours per session	2 days course, 7 hours per day (14 hours in total)		1 day course, 7 hours per day (Must be enrolled for at least 10 days or more)
Estimated No. of Participants per Session/Course	80 (20 per play-in session)	5 per class (A maximum of 2 classes with 10 in total can be held concurrently)		<b>【Silver division】</b> 5 per class <b>【Gold division】</b> 8 per class
Proposed Time of Activity	Monday to Friday: 9 am to 12:30 pm or 1 pm to 4:30 pm	Monday to Sunday (except Wednesday): 9 am to 5 pm (Preferably on Saturday, Sunday and school holidays)		(To be scheduled by the NSA)
Skill Assessment	Not Applicable	Assessed by the NSA	Not Applicable	Assessed by the NSA
Enrolment Form	Sport Demonstration Enrolment Form (P.188-189)	Outreach Coaching Programme – Canoe, Dragon Boat, Windsurfing and Life Saving Enrolment Form (P.208-209)		Joint Schools Windsurfing Training Programme Enrolment Form (Please download from the WAHK Website: <a href="http://www.windsurfing.org.hk">http://www.windsurfing.org.hk</a> )
How to Enrol	Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at: applicationssp@lcsd.gov.hk. For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide.			<ol style="list-style-type: none"><li>1. Students should mail the completed enrolment form downloaded from LCSD website, together with a crossed cheque payable to “Windsurfing Association of Hong Kong, China” with the names of school and the students marked clearly on the back to the WAHK (Address: Room 1001, Olympic House, 1 Stadium Path, So Kon Po Causeway Bay, Hong Kong).</li><li>2. Please write “Joint Schools Windsurfing Training Programme” on the envelope. Cheque will be returned to the unsuccessful students.</li></ol>

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Points to Note	<div>1.A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities.</div> <div>2.Participants are able to swim with clothes for 50 metres when participating in windsurfing activities.</div> <div>3.The school shall arrange for its own transportation to and from the venue.</div> <div>4.Upon completion of windsurfing training course under the Outreach Coaching Programme or Joint Schools Sports Training Programme, an assessment will be conducted by the coach according to various levels of standards of windsurfing. Participants who meet the required standard may obtain certificate to be signed on the windsurfing logbooks according to their achieved levels from the NSA.</div> <div>5.Participants should purchase windsurfing logbooks (\$30 each) from the NSA to record their performance.</div> <div>6.Participants who have participated in the windsurfing training course under the Joint Schools Training Programme may take part in the “Joint Schools Windsurfing Competition” under the School Sports Programme in every April and October. Details will be announced later.</div> <div>7.Participants must meet the age requirement of the activity as on the event date. If any participant whose age is found under the specified age, the LCSD will disqualify his/her participation and the enrolment fee will not be refunded.</div> <div>8.If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, NSA will deduct from the fee for each activity an administrative fee (\$210 per Sport Demonstration; \$420 per training course under the Outreach Coaching Programme) and refund the balance to the school.</div> <div>9.If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded.</div> <div>10. If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded.</div>			
Enquiry Phone No./ Website	2601 7602 / <a href="http://www.lcsd.gov.hk/en/ssp/index.html">http://www.lcsd.gov.hk/en/ssp/index.html</a>			