

Organised by Hong Kong, China Tennis Association (HKCTA)
Subvented by the Leisure and Cultural Services Department (LCSD)
Co-organised by the Education Bureau
School Sports Programme - Tennis

Prospectus

Key Information Type of Activity	Sport Demonstration	Easy Sport Programme	Outreach Coaching Programme		Joint Schools Sports Training Programme
			Non-School Team Training	School Team Training	
Target Participants	Primary and secondary school students	Students of primary 1 to 4	Primary 4 or above and secondary school students		Primary school students (aged 12 or below and with basic tennis skills and recommendation from coaches or teachers)
Outline	Coach will introduce the rules of tennis competition, demonstrate the skills of tennis and arrange play-in session.	<p>The training covers the skills level of gold, silver and bronze of the mini-tennis badges award scheme of the HKCTA.</p> <p>The training includes:</p> <ul style="list-style-type: none"> - Basic knowledge of Tennis - Control of racket - Forehand and backhand drive - Serve - Volley 	<p>The training covers the skills level of gold, silver and bronze of the tennis badges award scheme of the HKCTA.</p> <p>The training includes:</p> <ul style="list-style-type: none"> - Forehand and backhand drive - Serve - Depth - Volley <p>Schools can train up potential students and upgrade their standard of sports through school team training.</p>		<p>Veteran coaches from the HKCTA will conduct continuous and systematic training to talented student in order to enhance their skill level.</p> <p>Students with an attendance rate of 80% or above will be awarded attendance certificates by the LCSD as a token of encouragement.</p>
Venue	School hall or covered playground	2 indoor or outdoor badminton courts (Venues to be arranged by school)	2-3 standard tennis courts (Venues to be arranged by school)		<p>Tennis courts in (Please refer to the respective prospectus):</p> <ul style="list-style-type: none"> – North District Sports Ground Tennis Courts – Hin Tin Playground Tennis Courts – Wu Shan Tennis Courts – Chai Wan Park (Tennis Court) and

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					Sai Wan Ho Playground (Tennis Court) – King's Park Recreation Ground – Aberdeen Tennis and Squash Centre
Fee	\$540 for first 2-hour session (2 session in total) (\$380 for each 2-hour extended session on the same day)	\$1,300 per course	\$1,480 per course	\$1,900 per course	\$1,850 per person
Equipment to be provided by the school	Badminton net or volleyball net	10 mini-tennis rackets and 30 Tennis Balls (Red/ Orange/ Green)	1 tennis racket for each student and 50 tennis balls for each class		Students should bring their own tennis rackets
Other Sport Equipment	10 rackets and 30 balls (to be provided by the HKCTA)	Not applicable			
Duration	1 hour per session (A minimum of 2 sessions)	4 lessons per course, 1.5 hours per lesson (6 hours in total) or 3 lessons per course, 2 hours per lesson (6 hours in total)	8 lessons per course, 1.5 hours per lesson (12 hours in total) or 6 lessons per course, 2 hours per lesson (12 hours in total) (It is preferable to finish the course within 3 months)		32 lessons per course, 3 hours per lesson (96 hours in total)
Estimated No. of Participants per Session/Course	100 (20 per play-in session)	24	20		8
Proposed Time of Activity	Monday to Saturday: 9 am to 6 pm				(Please refer to the respective prospectus)
Skill Assessment	Not applicable	Badges Award Scheme			

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Enrolment Form	Sport Demonstration Enrolment Form (P.188-189)	Easy Sport Programme Enrolment Form (P.203)	Outreach Coaching Programme Enrolment Form (P.206-207)		Joint Schools Tennis Training Programme Enrolment Form (Please refer to the respective prospectus)
How to Enrol	1. Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at: applicationssp@lcsd.gov.hk. For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide. 2. For training courses under the Outreach Coaching Programme, please specify in the application whether the course is intended for a school team or non-school team.				The respective prospectus will be sent to schools by the LCSd in due course.
Points to Note	1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities. 2. Participants should wear proper sportswear and sports shoes. 3. Upon completion of training course under the Easy Sport Programme or the Outreach Coaching Programme or Joint Schools Programme, an assessment will be conducted by the coach according to Gold, Silver and Bronze badges standards of tennis. Participants who meet the required standard will obtain badges and certificates from LCSd free of charge. Please refer to https://www.lcsd.gov.hk/en/ssp/badges.html for details. 4. Schools have participated in the tennis training course under the Easy Sport Programme between September 2024 and December 2025 may take part in the “Easy Sport Competition – Mini Tennis Competition” under the School Sports Programme in 2026. Details will be announced later. 5. If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, NSA will deduct from the fee for each activity an administrative fee (\$210 per Sport Demonstration; \$420 per training course under the Easy Sport Programme or Outreach Coaching Programme) and refund the balance to the school. 6. If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded. 7. If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded.				
Enquiry Phone No./Website	2601 7602 / http://www.lcsd.gov.hk/en/ssp/index.html				