

**Organised by the Netball Hong Kong, China Limited (HKNA)**  
**Subvented by the Leisure and Cultural Services Department (LCSD)**  
**Co-organised by the Education Bureau**  
**School Sports Programme – Netball**

**Prospectus**

Key Information \ Type of Activity	Sport Demonstration	Easy Sport Programme	Outreach Coaching Programme	
			Non-School Team Training	School Team Training
Target Participants	Primary and secondary school students	Students of primary 4 to 6	Secondary school students	Secondary school students (Schools participating the Non-School Team Training are eligible for applying School Team Training)
Outline	<ul style="list-style-type: none"><li>– Brief explanation of netball rules</li><li>– Teaching of basic skills taught</li><li>– Friendly matches and play-in session</li></ul>	Training covers catching and passing skills, movement, attack, shoulder pass, defence techniques, shooting and rules of the game.	Progressive netball techniques training including catching and passing skills, movement, attack, shoulder pass, defence techniques, shooting, rules of the game and tactics.	Advanced netball techniques training including ball handling, attack, defence and team tactics.
Venue	Indoor or outdoor venue with an area of not less than a volleyball court, and with a minimum ceiling height of 12 feet		Basketball court or netball court	
Fee	\$650 per session (and \$510 for each extended session on the same day)	\$920 per course	\$1,170 per course	\$1,460 per course
Equipment to be provided by the school	Public address system	10 netballs (size 5), 1 pair of netball posts and 2 sets of netball bibs	10 netballs (size 5), 1 pair of netball posts and 2 sets of netball bibs Computer connecting with projector and public address system for the first lesson	10 netballs (size 5), 1 pair of netball posts, 2 sets of netball bibs and 20 nos. of marker discs
		(If schools cannot provide the required equipment for students, they may borrow it from the LCSD.)		
Duration	2 hours per session	8 lessons per course, 1 hour per lesson (8 hours in total)	6 lessons per course, 1.5 hours per lesson (9 hours in total)	
Estimated No. of Participants per Session/Course	70	20		

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			Non-School Team Training	School Team Training
Proposed Time of Activity	Monday to Friday: 8 am to 6 pm Saturday: 8 am to 1 pm	Monday to Friday: 3 pm to 6 pm Saturday: 8 am to 2 pm		
Skill Assessment	Not applicable	Badges Award Scheme (See Points to Note 3)		
Enrolment Form	Sport Demonstration Enrolment Form (P.188-189)	Easy Sport Programme Enrolment Form (P.203)	Outreach Coaching Programme Enrolment Form (P.206-207)	
How to Enrol	1. Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at: <a href="mailto:applicationssp@lcsd.gov.hk">applicationssp@lcsd.gov.hk</a> . For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide.  2. For training courses under the Outreach Coaching Programme, please specify in the application whether the course is intended for a school team or non-school team.			
Points to Note	1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities. 2. Participants should wear proper sportswear and sports shoes. 3. Upon completion of netball training course under the Easy Sport Programme or Outreach Coaching Programme, an assessment will be conducted by the coach according to Gold, Silver and Bronze badges standards of netball. Participants who meet the required standards may obtain the badges and certificates from LCSD free of charge. For details, please visit <a href="https://www.lcsd.gov.hk/en/ssp/badges.html">https://www.lcsd.gov.hk/en/ssp/badges.html</a> . 4. If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, NSA will deduct from the fee for each activity an administrative fee (\$210 per Sport Demonstration; \$420 per training course under the Easy Sport Programme or Outreach Coaching Programme) and refund the balance to the school. 5. If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded. 6. If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded.			
Enquiry Phone No./Website	2601 7602 / <a href="http://www.lcsd.gov.hk/en/ssp/index.html">http://www.lcsd.gov.hk/en/ssp/index.html</a>			