

**Organised by the Hong Kong, China Mountaineering and Climbing Union Limited
(HKCMCU)**
Subvented by the Leisure and Cultural Services Department (LCSD)
Co-organised by the Education Bureau
School Sports Programme – Mountaineering and Climbing
Mountain Craft
Prospectus

Key Information	Type of Activity	Sport Demonstration	Outreach Coaching Programme
			Non-School Team Training
		Outdoor Demonstration	Level I Course
Target Participants	Students of Primary 4 or above and secondary school students		Secondary school students (aged 12 or above)
Outline	<p>Coaches will lead students to experience hiking and enjoy the beautiful scenery of Hong Kong countryside. Concepts such as protection of country parks and “Leave No Trace” will be learned and put into practice.</p> <p>Students who finish the trip may pay for the issuance of “Mountain Walk Certificate” from the HKCMCU.</p>		<p>The programme outline is designed according to the contents of HKCMCU’s Level I mountain craft training course. The programme includes lecture and hiking practice. As the routes are easy, students can enjoy the fun of hiking and learn about safety knowledge at the same time. Students will learn about map reading, grid coordinates, leading with the use of a compass, basic concept of wilderness first aid, co-operation between people seeking for help and rescuers, etc.</p> <p>Course objectives:</p> <ol style="list-style-type: none"> 1. Develop an interest in the sport of mountain walk; 2. Teach basic knowledge, skills and safety concepts; 3. Develop proper hiking attitude and encourage participants to protect the environment.

Key Information	Type of Activity	
	Sport Demonstration	Outreach Coaching Programme
		Non-School Team Training
	Outdoor Demonstration	Level I Course
Venue	Hiking trails near schools	<u>Indoor lectures:</u> Covered playgrounds or activity rooms <u>Outdoor hiking practice:</u> Coaches will fix appropriate hiking routes after discussion with teachers on students' skill levels.
Fee	\$1,040 per session	\$3,440 per course
Equipment to be provided by the school	Not applicable	Wireless microphone, PA equipment, computer, projector and screen
Duration	4 hours per session	The course consists of 2 parts: <u>Indoor lectures:</u> 2 sessions x 2 hours/session (4 hours in total) <u>Outdoor hiking practice:</u> 2 sessions x 7 hours/session (14 hours in total)
Estimated No. of Participants per Session/Course	30	24
Proposed Time of Activity	Monday to Saturday: 1 pm to 5 pm	<u>Indoor lectures:</u> Monday to Friday: 9 am to 5 pm <u>Outdoor hiking practice:</u> Monday to Saturday: 9 am to 4 pm (Schools must arrange indoor lectures to take place before outdoor hiking practice. Outdoor hiking practice is recommended to take place within 45 days after the completion of indoor lectures.)
Skill Assessment	Not applicable	Assessed by the NSA
Enrolment Form	Sport Demonstration Enrolment Form (P.188-189)	Outreach Coaching Programme Enrolment Form (P.206-207)
How to Enrol	Please submit the completed electronic application form within the enrolment period (please refer to "Application" (P.7) of this Guide for the dates) by email at: applicationssp@lcsd.gov.hk . For payment arrangement, please refer to "Payment and Activity Arrangements" (P.8) of this Guide.	
Points to Note	1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities. 2. Participants should wear proper sportswear and sports shoes.	

Key Information	Type of Activity	Sport Demonstration	Outreach Coaching Programme
			Non-School Team Training
		Outdoor Demonstration	Level I Course
	<p>3. The school shall arrange for its own transportation to and from the venue.</p> <p>4. Upon completion of the mountain craft training course under the Outreach Coaching Programme, an assessment will be conducted by coaches according to the required standard. Participants who meet the required standard may obtain a “Level I Mountain Craft Training Certificate” from the NSA at their own cost.</p> <p>5. Participants must meet the age requirement of the activity as on the event date. If any participant whose age is found under the specified age, the LCSD will disqualify his/her participation and the enrolment fee will not be refunded.</p> <p>6. If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, NSA will deduct from the fee for each activity an administrative fee (\$210 per Sport Demonstration; \$420 per training course under the Outreach Coaching Programme) and refund the balance to the school.</p> <p>7. If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded.</p> <p>8. If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded.</p>		
Enquiry Phone No./Website	2601 7602 / http://www.lcsd.gov.hk/en/ssp/index.html		