

**Organised by the Chinese Martial Arts Dragon and Lion Dance Association of Hong Kong,
China (CMADLDA of HK, China)**
Subvented by the Leisure and Cultural Services Department (LCSD)
Co-organised by the Education Bureau
School Sports Programme – Dragon Dance and Lion Dance
Prospectus

| Key Information | Type of Activity | Sport Demonstration | Easy Sport Programme | | Outreach Coaching Programme |
|--|---|--|---|---|---|
| | | | | | Non-School Team Training |
| | | Lion Dance | Lion Dance | Dragon Dance | Dragon Dance |
| Target Participants | Primary and Secondary school students | Primary school students | | | Primary school students (Skills at Bronze level or above) |
| Outline | Demonstration covers: Introduction to Lion Dance and equipment - Demonstration of basic skills - Play-in session | The training covers basic rules and skills of lion dance such as steps, pattern of movements and knowledge of drum music | - The training covers the skills under bronze level of the Badge Award Scheme of the NSA - Coaches will teach basic rules and skills of dragon dance | - The training covers the skills under silver and gold level of the badge award scheme of the NSA. - Higher level of skills will be delivered to students for their better performance on dragon dance | |
| Venue | School hall or covered playground (about the size of a basketball court) | | | | |
| Fee | \$850 per session | \$1,200 per course | \$1,020 per course | \$1,430 per course | |
| Equipment to be provided by the school | Loudspeakers and microphone | Schools can buy their own lion dance/dragon dance equipment for practice. Requirements for the lion dance/dragon dance equipment was set by the NSA, please contact the NSA for details (If schools cannot provide the required equipment for students, they may borrow it from the LCSD) | | | |
| Duration | 2 hours per lesson | 5 lessons per course, 2 hours per lesson (10 hours in total) | | | |
| Estimated No. of Participants per Session/Course | 40 | 15 | | | |
| Proposed Time of Activity | Monday to Friday: 8 am to 6 pm Saturday: 8 am to 1 pm | | | | |
| Skill Assessment | Not applicable | Badges Award Scheme (See Points to Note 3) | | | |
| Enrolment Form | Sport Demonstration Enrolment Form (P.188-189) | Easy Sport Programme Enrolment Form (P.203) | | | Outreach Coaching Programme Enrolment Form (P.206-207) |

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| How to Enrol | Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at: applicationssp@lcsd.gov.hk . For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide. | | | | |
| Points to Note | <ol style="list-style-type: none"> 1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities. 2. Student Participants should wear proper sportswear and sports shoes. 3. Upon completion of dragon dance training course under the Easy Sport Programme or the Outreach Coaching Programme, an assessment will be conducted by the coach according to various levels of badges, i.e. Bronze (completion of Easy Sport Programme), Silver (completion of Outreach Coaching Programme) and Gold (completion of Outreach Coaching Programme). Participants who meet the required standard may obtain badges and certificates from the NSA at their own cost. Please refer to https://www.lcsd.gov.hk/en/ssp/badges.html for details. 4. Schools have participated in the dragon dance training course under the Easy Sport Programme between September 2024 and December 2025 may take part in the “Easy Sport Competition – Dragon Dance Competition” under the School Sports Programme in 2026. Details will be announced later. 5. If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, the NSA will deduct from the fee for each activity an administrative fee (\$210 per Sport Demonstration; \$420 per training course under the Easy Sport Programme or Outreach Coaching Programme) and refund the balance to the school. 6. If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded. 7. If the NSA /LCSD fails to arrange the activity, the fees paid will be refunded. | | | | |
| Enquiry Phone No./ Website | 2601 7602 / http://www.lcsd.gov.hk/en/ssp/index.html | | | | |