Organised by the Volleyball Association of Hong Kong, China (VBAHK) Subvented by the Leisure and Cultural Services Department (LCSD) Co-organised by the Education Bureau School Sports Programme—Beach Volleyball

Prospectus

Type of Activity	Sport Demonstration		Outreach Coaching Programme	Joint Schools Sports Training
Key Information	School Venue	Beach Volleyball Court	Non-School Team	Programme
Target Participants		Secondary school students (Teachers' recommendations are required)		
Outline	NSA coaches and instructors will give demonstrations, explain the rules, and invite students to participate in the sport. The demonstration covers: - Differences between volleyball and beach volleyball - Setting and passing skills - Attack and defense skills - On-court communication and hand signals - Competition		Training covers the development of beach volleyball in Hong Kong, rules and tactics in competitions.	Training covers the game rules, basic skills and team competition strategies of beach volleyball so as to enhance and consolidate their skills learnt through the training.
Venue	1 to 2 volleyball courts	The following beach volley courts should be arranged by school: - Choi Hung Road Playground - Kwai Chung Sports Ground - Cafeteria New Beach - Repulse Bay Beach - Lido Bay Beach - Mui Wo Sliver Mine Bay Beach - Tin Yip Road Artificial Beach Volleyball Court		Training venue to be arranged by the LCSD. Please refer to the respective prospectus for details.
Fee	\$780 per session (\$430 for each extended session on the same day)		\$1,500 per course	\$115 per person
Equipment to be provided by the school	Notebook computer, projector, display screen and wireless microphones or loudspeakers	Wireless microphones or loudspeakers	10 beach volleyballs	Not applicable
Sports Equipment	15 beach volleyballs and 20 discs (to be provided by the NSA)		Not applicable	Beach volleyballs and other equipment (to be provided by the NSA)

Type of Activity	Sport Demonstration		Outreach Coaching Programme	Joint Schools Sports Training		
Key Information	School Venue	Beach Volleyball Court	Non-School Team	Programme		
Duration	1.5 hours per session		6 lessons per course, 2 hours per lesson (12 hours in total)	4 lessons per course, 2 hours per lesson (8 hours in total)		
Estimated No. of Participants per Session/Course	40 (20 per play in session)		20	20		
Proposed Time of Activity	Monday to Saturday: 8 am to 6 pm			Please refer to the respective prospectus.		
Enrolment Form	Sport Demonstration Enrolment Form (P.188-189)		Outreach Coaching Programme Enrolment Form (P.206-207)	Joint Schools Beach Volleyball Training Programme Enrolment Form (Please refer to the respective prospectus)		
How to Enrol	Please submit the content period (please dates) by email a arrangement, please resofthis Guide.	The respective prospectus will be sent to schools by the LCSD in due course.				
Points to Note	 A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities. Participants should wear proper sportswear and sports shoes for Sport Demonstrations held at school, and bring slippers and sun protection products for Sport Demonstrations and Outreach Coaching Programme held at beach volleyball courts. 					
	 The school shall arrange for its own transportation to and from the venue. If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, the NSA will deduct from the fee for each activity an administrative fee (\$210 per Sport Demonstration; \$420 per training course under the Outreach Coaching Programme) and refund the balance to the school. If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded. If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded. 					
Enquiry Phone No./ Website	2601 7602 / http://www.lcsd.gov.hk/en/ssp/index.html					