

**Organised by the Badminton Association of Hong Kong, China (BAHKC)**  
**Subvented by the Leisure and Cultural Services Department (LCSD)**  
**Co-organised by the Education Bureau**  
**School Sports Programme – Badminton**  
**Prospectus**

Type of Activity  Key Information	Easy Sport Programme	Outreach Coaching Programme	
		Non-School Team Training	School Team Training
Target Participants	Primary school students	Primary 4 or above and secondary school students	
Outline	The course is divided into 2 stages and the content covers basic footwork, serve, return of serve, high clear, net shot, competition rules and scoring system.	The course is divided into 2 stages and the content covers serve, return of serve, high clear, underhand clear, net shot and footwork.	The course is divided into 2 stages and the content covers serve, return of service, high clear, underhand clear, net shot, footwork, tactics and competition mentality.  Each school may apply for continuous training for its school team of a maximum of 16 students. The list of school team members must be submitted to the LCSD at the beginning of the academic term. Coaches will assess their skills regularly during the training sessions.
	According to the skill levels of the students, coaches may adjust the course content and let them acquire better training opportunities.		
Venue	At least 2 indoor badminton courts	4 indoor badminton courts	
	The venue-to-student ratio is 1:4 to 6 (A badminton court holds a maximum of 6 students)		
Fee	\$1,150 per stage	\$1,300 per stage	\$1,650 per stage
	Each course consists of 2 stages. Schools shall apply for both stages in one go as a single module.		
Equipment to be provided by the school	One badminton racket for each student and a total of 120 shuttlecocks		
Duration	5 lessons per stage, 2 hours per lesson (10 hours in total per stage)		
Estimated No. of Participants per Session/Course	16 persons		
Proposed Time of Activity	Monday to Friday: 8 am to 6 pm Saturday: 8 am to 1pm		

Type of Activity  Key Information	Easy Sport Programme	Outreach Coaching Programme	
		Non-School Team Training	School Team Training
Skill Assessment	Badges Award Scheme (See Points to Note 4)		
Enrolment Form	Easy Sport Programme Enrolment Form (P.203)	Outreach Coaching Programme Enrolment Form (P.206-207)	
How to Enrol	<p>1. Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at: <a href="mailto:applicationssp@lcsd.gov.hk">applicationssp@lcsd.gov.hk</a>. For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide.</p> <p>2. For training courses under the Outreach Coaching Programme, please specify in the application whether the course is intended for a school team or non-school team</p>		
Points to Note	<p>1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities</p> <p>2. Participants should wear proper sportswear and sports shoes</p> <p>3. Badminton is available under the Sport Captain Programme. Please refer to the respective prospectus for details. (P.187)</p> <p>4. Upon completion of badminton training course under the Easy Sport Programme or Outreach Coaching Programme, school may request the NSA to conduct the assessment of 1st Star Award. Those who meet the required standard will obtain badges and certificates from the NSA at their own cost. For details, please visit <a href="https://www.lcsd.gov.hk/en/ssp/badges.html">https://www.lcsd.gov.hk/en/ssp/badges.html</a>.</p> <p>5. Also, “Badges Award Scheme – Assessment Day” will be organised by the NSA each year for students. Please contact the NSA for details.</p> <p>6. Schools have participated in the badminton training course under the Easy Sport Programme between September 2024 and December 2025 may take part in the “Easy Sport Competition – Badminton Competition” under the School Sports Programme in 2026. Details will be announced later.</p> <p>7. If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, NSA will deduct from the fee for each activity an administrative fee (\$420 per training course under the Easy Sport Programme or Outreach Coaching Programme) and refund the balance to the school.</p> <p>8. If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded.</p>		
Enquiry Phone No./Website	2601 7602 / <a href="http://www.lcsd.gov.hk/en/ssp/index.html">http://www.lcsd.gov.hk/en/ssp/index.html</a>		

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<div> <div>Type of Activity</div> <div>Key Information</div> </div>	Sport Demonstration - AirBadminton
Target Participants	Primary school and secondary school students
Outline	<p>The Badminton World Federation has actively promoted AirBadminton, an emerging badminton discipline, in recent years in anticipation that badminton may be played not only in indoor arenas but also in outdoor fields, including lawns, bare sandy ground and hard surface ground, thus encouraging public participation in the sport for fun.</p> <p>The sport equipment and proposed rules for AirBadminton may vary a bit to the indoor badminton ones, such as the use of special shuttlecocks and rackets of lower string tension (between 17.5 and 20 lbs recommended), game formats (singles, doubles, triples), court dimensions (for singles: courts of 5 metres by 16 metres; for doubles or triples: courts of 6 metres by 16 metres), as well as designation of the front court areas within 2 metres on both sides of nets as a “Dead Zone” where players are barred from stepping into it.</p> <p>Activity content: Introduction to the features and general rules of AirBadminton, demonstration as to how to set up makeshift AirBadminton courts, athletes demonstration and play-in sessions for students</p>
Venue	Flat surfaces of at least 8 metres by 18 metres for courts
Fee	\$920
Equipment to be provided by the school	Badminton rackets of recommended string tension between 17.5 and 20 lbs (The NSA will provide boundary lines for makeshift AirBadminton courts, nets, posts and AirShuttles)
Duration	2 hours per session
Estimated No. of Participants per Session/Course	60 persons
Proposed Time of Activity	Tuesday or Thursday: 3pm to 5pm
Enrolment Form	Sport Demonstration Enrolment Form (P.188-189)
How to Enrol	Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at: <a href="mailto:applicationssp@lcsd.gov.hk">applicationssp@lcsd.gov.hk</a> . For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide.
Points to Note	<ol style="list-style-type: none"> <li>1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities</li> <li>2. Participants should wear proper sportswear and sports shoes</li> <li>3. If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, NSA will deduct from the fee for each activity an administrative fee (\$210) and refund the balance to the school.</li> <li>4. If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded.</li> </ol>
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