

School Sports Programme
Sport Demonstration – Life Saving
Enrolment Form (Part A)

Application No. (For official use only)

(Part A and Part B of this Form must be submitted together)

Name of School: _____

Type of School : Secondary / Primary / Special (Please specify: _____)

Teacher-in-charge: _____ Tel. No.: _____ Teacher's E-mail Address: _____

School Address: _____

Venue :

Demonstration on Land: 1. School Venue 2. Self-arranged Venue – Name of Venue (Please specify: _____)

Demonstration in Pool: 1. School Venue 2. Self-arranged Venue (Swimming Pool) – Name of Venue
(Please specify: _____)

_____ No. of lanes: _____

Proposed Dates and Time:

Demonstration on Land

	Date (dd/mm/yyyy)	Day of Week	Session	Time	No. of Participants	Class/ Form	Venue (e.g. School hall or covered playground)
example	1/9/2023	Fri	1st	0800-1000	80	F2	covered playground
			2nd	1000-1200	70	F3	
First Choice			1st				
			2nd				
Second Choice			1st				
			2nd				

Demonstration in Pool (Please choose one held in swimming gala held in swimming lesson)

	Date (dd/mm/yyyy)	Day of Week	Session	Time	Total No. of Participants	No. of Participants in the Students Experience Lifesaving Play-in Session (Maximum: 20 Persons per Session)
example	1/9/2023	Fri	1st	1300-1400	30	
			2nd			
First Choice			1st			
			2nd			
Second Choice			1st			
			2nd			

Remark: _____

Notes:	<ol style="list-style-type: none"> If the number of applications exceeds the quota, the participating schools will be determined by balloting. Please refer to “Application” (P.7) of this guide for the dates of application. Please put a “✓” in the appropriate boxes. If an outside venue is chosen for training, please specify the name of the venue and arrange transport to and from the venue. Please propose the dates and time (excluding school holidays) according to the number of sessions and duration required for each demonstration programme. Schools may apply for more than one demonstration session on the same day. The information provided by the applicant will only be used by the Leisure and Cultural Services Department (LCSD) and relevant National Sports Associations (NSAs) for the purposes of enrolment in School Sports Programmes, announcement of the balloting result, compilation of statistics, future contact and opinion survey. Only officers who are authorised by the LCSD and relevant NSAs may access such information. For correction of or enquiries about the personal data submitted, please contact the School Sports Programme Unit of the LCSD. All participants of the lifesaving play-in session in the swimming pool must be able to swim 50 metres with clothes on. They should wear swimsuits/swim shorts suitable for water sports activities. Schools should ensure that all participants have obtained the consent of their parents/guardians or the persons authorised by their parents/guardians to participate in the above activity, and that the participants are not suffering from any illness that renders them unfit for the activity. In identifying actual or potential conflict of interest during organisation of the events under the School Sports Programme, the teachers-in-charge shall make a declaration to the school principal or approving authority with the use of the Conflict of Interest Declaration Form template at Appendix V. For details, please refer to item VI “Conflict of Interest” of the Prospectus of the Guide.
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LCS 853a (Rev.4/2023)

The completed enrolment form should be submitted by email: applicationssp@lcsd.gov.hk

School Sports Programme
Sport Demonstration – Life Saving

Enrolment Form (Part B)

(Please submit this part together with Part A)

Please put a “✓” in the appropriate boxes.

“#” only for students aged 8 to 13

“@” only for students aged 14 or above

<u>Demonstration on Land</u>		<u>Demonstration in Pool</u>	
<u>First Session: Introduction of Life Saving</u> Items and sub-items to choose are listed below:		<u>First Session: Introduction of Life Saving</u>	
<u>Item</u> Choose 1 out of the 4 items. (If an item is selected, it is not necessary to choose the sub-items.)	<u>Sub-item</u> (Maximum of 4 sub-items can be chosen. It is not necessary to select any item if sub-items are chosen.)	<u>Item</u>	<u>Sub-item</u> (Maximum of 2 sub-items can be chosen.)
<input type="checkbox"/> Item 1: <input type="checkbox"/> Item 2: <input type="checkbox"/> Item 3: <input type="checkbox"/> Item 4:	Water Safety and Life Saving Knowledge <input type="checkbox"/> Water Safety Knowledge <input type="checkbox"/> Self Survival Techniques <input type="checkbox"/> Causes of Drowning and Patient Classification <input type="checkbox"/> Rescue Steps Life Saving, Techniques and Equipment First Aid Knowledge <input type="checkbox"/> Basic First Aid Knowledge <input type="checkbox"/> Recovery Position <input type="checkbox"/> Cardiopulmonary Resuscitation (CPR) Life Saving Training <input type="checkbox"/> Life Saving Award Scheme <input type="checkbox"/> @Lifeguard Career	Item 1: Basic Life Saving Skills <input type="checkbox"/> Life Saving Skills <input type="checkbox"/> Self Rescue Techniques <input type="checkbox"/> Introduction and Demonstration of Lifesaver Rescue Techniques <input type="checkbox"/> Introduction and Demonstration of Lifeguard Rescue Techniques Item 2: Introduction and Demonstration of Life Saving Competitions <input type="checkbox"/> # Life Saving Ironkid Competition (Pool) <input type="checkbox"/> @ Life Saving Competition (Pool) Event	
<u>Second Session</u> <u>Student play-in session</u> (40 persons per play-in session) Choose one only and put a “✓” in the appropriate box. <input type="checkbox"/> Escape Techniques <input type="checkbox"/> Rescue Throw: Line Throw <input type="checkbox"/> Recovery Position <input type="checkbox"/> # Junior CPR <input type="checkbox"/> @ Adult CPR		<u>Second Session</u> <u>Students Experience Life Saving play-in session</u> (A maximum of 20 persons per play-in session) Choose one only and put a “✓” in the appropriate box. <input type="checkbox"/> Life Saving Skills <input type="checkbox"/> Rescue Throw: Line Throw <input type="checkbox"/> Self Survival Techniques <input type="checkbox"/> # Life Saving Ironkid Competition (Pool) Event <input type="checkbox"/> @ Life Saving Competition (Pool) Event	