

## COMMUNITY SPORTS COMMITTEE

### Minutes of 9<sup>th</sup> Meeting of Community Sports Committee

Date: 7 February 2006 (Tuesday)  
Time: 3:45 pm  
Venue: Conference Room I, Home Affairs Bureau, 41/F, Revenue Tower,  
5 Gloucester Road, Wanchai, Hong Kong.

#### Present

Mr CHAU Hou-chen (Chairman)  
Mr John FAN Kam-ping (Vice-chairman)  
Mr CHAN Kui-yin  
Ms CHAU Chuen-heung  
Mr Francis CHAU Yin-ming  
Prof CHEUNG Siu-yin  
Mr Cowan B CHIU  
Mr Kenny CHOW Kun-wah  
Mr LEUNG Che-cheung  
Mrs Laura LING LAU Yuet-fun  
Dr LO Wing-lok  
Mr PUI Kwan-kay  
Mr SUEN Kai-cheong  
Mr TONG Wai-lun  
Mr Kenneth TSUI Kam-cheung  
Prof LEUNG Mee-lee

#### Department Representatives in Regular Attendance

Mr Eddie POON Tai-ping (Representative of Home Affairs Bureau)  
Dr CHING Cheuk-tuen, Regina (Representative from Department of Health)  
Mr SIT Tung (Representative from Social Welfare  
Department)  
Miss LI Wing-suen, Fiona (Representative from Home Affairs  
Department)  
Miss Olivia CHAN Yeuk-oi (Representative from Leisure and Cultural  
Services Department)  
Mr YEUNG Wing-nin (Representative from Education and  
Manpower Bureau)

### **Absent with Apologies**

Mrs CHAN LO Yin-bing

Mr CHAN Tung

Mr Norman CHAN Shui-tim

Mr Benedict LEE Shiu-sing

Mr YEUNG Hoi-cheung

### **In Attendance**

Ms Anissa WONG Sean-yee                      Leisure and Cultural Services Department

Ms LOK Kit-ha                                      Leisure and Cultural Services Department

Mrs Kane LI CHOI Wing-kwan                Leisure and Cultural Services Department

Ms Alice HEUNG Ching-yee                 Leisure and Cultural Services Department

Ms Rebecca LOU Wai-yi                      Leisure and Cultural Services Department

Mr CHUENG Kong-yu                         Leisure and Cultural Services Department

Mr Daniel SIN Pak-wing (Secretary)      Home Affairs Bureau

Miss Florence IP Pui-kwan                 Home Affairs Bureau

Mr CHU Fook-wing                             Home Affairs Bureau

## **Item 1: Confirmation of Minutes of 8<sup>th</sup> Meeting of Community Sports Committee**

1.1        The Secretariat issued the draft minutes of the 8<sup>th</sup> meeting to members on 9<sup>th</sup> January 2006 and made amendments according to members' comments. There being no further amendments, the Chairman announced the endorsement of the minutes of the 8<sup>th</sup> meeting.

## **Item 2: Matters Arising**

### **(i) Advisory Committee on Physical Fitness Test for the Community**

2.1        Dr LO Wing-lok, Convener of the Advisory Committee reported on the progress and future direction of the work (see Annex 1 for details).

2.2        The Chairman stated that with the completion of the Physical Fitness Test for the Community, it was hoped that the data collected would form an important base for formulation of the community sport policies.

## **(ii) Working Group on Monitoring of Performance of Contractors at Sports Centres**

3.1 Mr LEUNG Che-cheung, Chairman of the Working Group, presented the progress report (see Annex 2 for details).

## **(iii) Proposed development of a stadium in South East Kowloon**

4.1 Mr Daniel SIN, Secretary, stated that after the last meeting, the Planning Department (Plan D) launched the second round of public consultation on the development of South East Kowloon. During the briefing sessions at the district level and topical forums arranged by Plan D, Home Affairs Bureau (HAB) received many feedbacks on the location, size, operation of the stadium. Plan D would release a report after compilation. HAB and the advisers had studied the feedbacks and the Secretary was looking forward to further clarification with the public in future consultation. HAB would also have exchange of opinions and discussion with the Legislative Councilors. Besides, HAB would engage a consultant to offer professional advice on the financial arrangement and mode of operation of the stadium, and would report to the Members on the progress. The Secretary was pleased that most of the members supported the construction of the stadium, and hoped that the Members would continue to follow its development and actively promote the proposal to their respective sector/organization.

4.2 Mr CHU Fook-wing of HAB added that Sports Federation & Olympic Committee of Hong Kong, China had finished consultation with National Sports Associations, and was compiling the findings at the time being. He said that the study on financial viability would be launched in a few months.

## **(iv) Summer Youth Programme 2006**

5.1 Mr Daniel SIN, the Secretary, remarked that during the 8<sup>th</sup> meeting Members agreed to have joint-venture with the Summer Youth Programme (SYP) Committee, hoping that SYP Committee would add some sport-related themes into its programme the coming year. The Secretariat of CSC had contacted the secretariat of SYP Committee to propose cooperation, but no response had yet been received. The Secretariat would follow up the matter.

5.2 The Chairman added that he had put forward the proposal to Mr Bunny

CHAN Chung-bun, Chairman of the SYP Committee.

5.3 Mr John FAN, the Vice-chairman, said that CSC was not requesting the SYP Committee to let CSC organize some programmes. The objective was that CSC could raise some ideas for the SYP Committee in formulating its annual theme, so as to promote the sport awareness. The Chairman concurred with the Vice-chairman and declared it as the stance of CSC.

### **Item 3: Review of Sports Policy (CSC Paper 01/06)**

6.1 The Secretary presented CSC Paper 01/06 and suggested that Members hold a sub-group meeting on each topic.

6.2 Mr Eddie POON of HAB remarked that the Secretary for Home Affairs was very concerned about the discussion of CSC. Under the present circumstances, though many new proposals needed to be followed up, the discussion might start with community sports clubs and sports for the elderly and the disabled.

6.3 When discussing the CSC Paper 01/06, Members opined that the paper had drawn up a positive direction and a grand vision. The thrust of discussion was as follows:

#### Sports for the elderly and the disabled

6.3.1 Prof LEUNG Mee-lee noted that though helping the elderly to keep fit would reduce the burden of medical service on the Government, the sport facilities for the elderly was inadequate in the community. The Hong Kong Baptist University (HKBU) had introduced new courses to train up coaches for instructing the elderly and disabled athletes so as to meet future demand.

6.3.2 Prof CHEUNG Siu-yin stated that training for coaches was essential to the popularization of sport. Apart from the training courses in the tertiary educational institutions, the government departments might promote and nurture talents so as to lay the groundwork for sports-for-all. For instance, the Gymnastics Association of Hong Kong, China joined hands with Leisure and Cultural Services Department (LCSD), Department of Health, HKBU in designing pamphlets on sports for the elderly and the disabled, training coaches, and organizing outreaching programmes on sports-for-all. Prof CHEUNG proposed the use of promotion schemes to encourage

sports-for-all.

6.3.3 Mr SIT Tung of Social Welfare Department (SWD) stated SWD and other service providers for the elderly and the disabled placed a lot of importance on sports, and almost each elderly centre would provide instruction of a sport. Even in the residential and day care institutions for the disabled, occupational therapists would instruct them to do exercise. He supported the paper in proposing communications with Elderly Commission and Rehabilitation Advisory Committee.

6.3.4 Ms Anissa WONG, Director of Leisure and Cultural Services (DLCS), remarked that though community sports could be promoted at many social levels, due to the restraint on resources, CSC might consider the priority for promotion of community sport to social groups and organizations, so as to tie in with the promotion in the future. To secure the support from different sectors of the community and attract wider public participation, CSC might consider introducing and promoting its work to the public so that the community would be informed of the progress of the sport promotion.

#### Development of community sports clubs

6.3.5 Members opined that the development of community sports clubs in Hong Kong should be carried out by phases and steps, and require a long-term policy as well as the collaboration of the community. A member said that resources should be focused on the social groups like youngsters and students, because the formation of the habit of playing sports at a young age was conducive to the promotion of sport for all. The Chairman stated that development of community sports clubs required detailed study and long-term support (such as manpower deployment) so as to dovetail with the efforts of the district sports associations and District Councils. Another member pointed out the importance of setting up monitoring mechanism in order to maintain the standard of community sports.

6.3.6 Mr Kenneth TSUI doubted the approach of reviewing the overall direction of sport development in the past. Though the Government had put a lot of emphasis on the provision of venues and activities for the public, the sport culture of Hong Kong paled in comparison with the European countries. He suggested that experts should be invited to study the success of other countries in boosting the public participation in sports.

6.3.7 Dr LO Wing-lok stated that since the objective of community sports was to achieve social harmony, community sports clubs would add value to sports only when they made no distinction between the disabled, the elderly and the others. The LCSD's facilities could work as the hardware for development of the community sports clubs to help promote sports horizontally in the community.

6.3.8 As regards implementing and promoting the sports policies, Mr LEUNG Che-cheung considered the present overlapping of resources should be addressed first because there was no regular pattern for the support of the government or the community organizations, and the participation of individuals. Mr LEUNG believed the situation was not attributed to the difference of objectives of the organizations, but due to matters concerning the overall coordination. Therefore he suggested guidelines and directions of the sports policies should be provided at different levels, especially the district level. In the respect of promotion of sport at the community level, Mr LEUNG proposed the work start at the district level by establishing community sports clubs dedicated to promotion of sports. With staff provided by the academic institutions and resources from the government and district councils, community sports clubs could play a coordinating role in promoting sports at the community level. Mr LEUNG also suggested studies on ways to mobilize the public such as recruiting the middle-aged and the elderly as volunteers, and providing them with basic volunteer training for promoting sports among their age groups.

6.3.9 Ms WONG DLCS, said in response that Hong Kong was promoting sports individually, which was good for nurturing athletes from the community to be elite athletes, but might not help with the horizontal and multi-sport mode of participation mentioned by Mr LEUNG Che-cheung. The Cultural and Leisure Services Committee under the District Council might be able to take up such a role, but the effect was not prominent. Ms WONG suggested, with reference to overseas countries, LCSD facilities should be rented out to community sports clubs as their home base. She also proposed Members discuss the organization structure and specific measures of the clubs.

6.3.10 The Chairman thanked Members for their comments and reiterated that as the review of sports policies covered a wide scope, he hoped that during the brainstorming session to be held in March, they could have more detailed discussion on the matter and set the priority of discussion on items raised in the paper.

6.3.11 Mr John FAN, the Vice-chairman, suggested that, to facilitate the

preparation of papers by the secretariat for the brainstorming, scope of discussion should be drawn up to distinguish the deliberations on territory-wide sport policies from the community sport policies. As to sports-for-all, since community sport, mass sport and elite sport were related, he opined that they should not be discussed separately, or the discussion would become piecemeal, making it hard to estimate the allocation of resources. The Chairman said in response that the brainstorming would follow up the main points of discussion of the Members, and HAB and LCSD would negotiate to draw up the scope of discussion.

#### **Agenda Item 4: Exercise Prescription Scheme (CSC Paper 02/06)**

7.1 Dr. Regina CHING of Department of Health presented the paper.

7.2 Dr LO Wing-lok considered the idea of the exercise prescription an embellishment of the doctors' work, so that they could promote sports in their capacity. In fact the LCSD and sport leaders and instructors of organizations like Hong Kong Physical Fitness Association could also take up the role.

7.3 Prof CHEUNG Siu-yin, Prof LEUNG Mee-lee and Mr Kenny CHOW agreed that while it was pivotal to provide doctors with the related professional training, motivating the patients to participate is equally significant. Mr CHAU also pointed out the importance of choosing the right sport for patients by doctors.

7.4 Dr CHING said in response that due to the stringent screening, of the 100 doctors and student doctors participating in the scheme, only more than 60 completed 75% of the course and passed the examination. Dr CHING remarked that if the scheme was found to be effective upon conclusion of experience for the next six months, the training would be further expanded and might even cover the Faculty of Medicine. Apart from requiring doctors to possess the relevant knowledge for diagnosis, the scheme requested doctors to discuss with patients about the right exercise for them, and the community also had to provide support in order to help patients sustain their exercise.

#### **Agenda Item 5: Any Other Businesses**

8.1 The Chairman thanked Members for attending the meeting and offering their valuable comments. The next meeting was scheduled for 10:30am 17<sup>th</sup> May 2006. Members would be informed of details about the brainstorming in March in

due course.

8.2 The meeting was adjourned at 5:30pm.

Community Sports Committee Secretariat  
April 2006

## **Advisory Committee on Physical Fitness Test for the Community Progress Report**

Advisory Committee on Physical Fitness Test for the Community held its third meeting on 15<sup>th</sup> November. Representatives of Hong Kong Physical Fitness Association and the Department of Sports Science and Physical Education of Chinese University of Hong Kong attended the meeting and presented the arrangement of training for examiners and gathering of data. The proposal was endorsed by the meeting. Following the launching ceremony of Physical Fitness Test for the Community (“the Test”) on 26 November 2005, the District Fitness Test Day was held one after another in the 18 districts of the territory. The Outreaching Test Scheme will take place in February. All the data-gathering exercise is expected for completion by late February. And the analysis of data and preparation of report are scheduled to finish by late March 2006.

### **Launching Ceremony**

2. The launching ceremony was successfully held at 2pm on 26 November 2005 (Saturday) at the piazza of Kowloon Park. Mr CHAU Hou-chen, SBS, Chairman of the Community Sports Committee, Dr. LO Wing Lok, Convener of the Advisory Committee of the Test, and Mr Alan SIU, JP, Deputy Director of Leisure and Cultural Services Department (LCSD) officiated the ceremony. To enhance the community involvement and publicity, representatives of the 18 District Councils and the three hosts of Radio Television Hong Kong (RTHK) programme “Crazy and Happy”(“瘋 Show 快活人”) were invited to be the Ambassadors of the Test. After the ceremony, the citizens in attendance immediately took the fitness test. There were also sport performance, exhibition on sports and health and quiz provided at the venue, and the number of participants and audience exceeded 1 500.

### **Publicity Programme**

3. The LCSD has publicized the Test through the following channels:
- Recruitment of workers and encouragement of community involvement through “Ambassadors of Physical Fitness Test for the Community” of the 18 district councils;

- Publication of banners, posters and pamphlets for wide publicity across the territory: including the primary and secondary schools, universities, other tertiary educational institutions, major organizations, housing estates, LCSD, and the 18 district offices, Public Enquiry Service Centres, recreational facilities, etc under the Home Affairs Department;
- Press and Media: Newspapers advertisement every Friday and press release on *Express Post* every Saturday; coverage of the Test in LCSD's Monthly Special in *Ming Pao* and *Sing Tao Daily*; press releases to major newspapers during the Chinese New Year for wider publicity;
- Internet: establishment of a webpage in the LCSD's website and notification to subscribers of the weekly E-magazine of LCSD about the Test;
- Radio and TV Coverage: Invited television coverage on the spot, and broadcast of the launching ceremony and interview in “康體新地” on 3 December; as regards the publicity on radio, promotion through “Happy and Crazy” every Friday on RTHK; and
- Deployment of personnel for distribution of pamphlets in the vicinity of the venue on the day of the launching ceremony and the previous day for publicity purposes.

### **District Fitness Test Day**

4. Up to 22 January, fitness data of a total of 3 985 qualified participants was successfully gathered. According to the on-site survey, over 92 % of participants supported and were satisfied with the arrangement for the Fitness Test Day. 91% of them said that they knew the Test through recommendation of their relatives or friends. Hence the Test and its arrangement received acclaim from the public.

### **Outreaching Test Scheme**

5. Apart from the District Fitness Test Days, various institutions and organization were invited to take part in the Outreaching Test. Institutions agreed to participate in the scheme included Hong Kong Polytechnic University and Hong Kong Institute of Vocational Education. We will continue to contact different organizations and arrange the test for them. Outreaching Test Scheme will start in February. After all the Test Days are held, the number of samples is anticipated to exceed 6 000.

**Working Group on Monitoring of Performance of Contractors  
at Sports Centres and Swimming Pool**

**Progress Report**

Working Group on Monitoring of Performance of Contractors at Sports Centres and Swimming Pool held two meetings on 10 November and 21 December 2005 respectively. Subsequent to the meeting on 10 November, they inspected one sport centre (Island East Sports Centre/ Swimming Pool) operated by a contractor and another one (Kowloon Park Sports Centre /Swimming Pool) operated by the Department so as to understand the daily operation of the sports centres and swimming pools.

In response to the request of the Members, representatives of LCSD provided information on the tender procedure of management contracts of sports centres and swimming pools, vetting criteria of the tenders, monitoring mechanism of contractor's performance for the reference of the Working Group. LCSD has consolidated the views on monitoring the performance of contractors, and is now considering improvement measure for better surveillance of their performance.

According to the progress of the Working Group, it will hold the third meeting in early March. During the meeting, it will review the effectiveness of contracting out the service of sports centres and swimming pools by LCSD, and recommend measures to enhance the mechanism of monitoring the performance of contractors at sports centres, holiday villages and swimming pools. The working Group will report the findings of the review and raise proposals on improvement to the monitoring mechanism to Community Sports Committee.